

# Nebraska Veterans Coalition



Leading the way for Nebraska's Veterans

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## A Volunteer Organization Bringing Awareness To Veteran's Issues

Volume 5 Issue 1, January 1, 2024, Newsletter

### *The Nebraska Veterans Coalition Mission*

#### **WHAT WE DO AND WHAT OUR GOALS ARE**

*The Nebraska Veteran's Coalition is a non-partisan or bi-partisan group. It was formed to bring awareness to veterans about what is going on in the Nebraska Unicameral related to veteran-related legislation and its status regarding Veteran benefits.*

*For those who feel a friend would like to see this information, just forward it.*

*Our goal is to provide veteran-related information, keeping veterans updated on Veterans' News*

Please join our Facebook group page, because it has many interesting posts. You can post to it and encourage your Veterans Service organization to post veterans' events and other information on our Facebook page (Nebraska Veterans Coalition). "Friend us," View our Website- [www.NebraskaVeterans.org](http://www.NebraskaVeterans.org) and follow Twitter (X) @VetsCoalitionNE

*See our mission statement on our website!*

Our website has considerable information on it. John Stewart does awesome with the site for us.  
[www.NebraskaVeterans.org](http://www.NebraskaVeterans.org)

Thank You,  
Dean Kenkel

*We do not solicit or accept funding/donations for our efforts.*

Join our  
Newsletter



Find our  
Website



## [Open To America's #1 Veterans Magazine](#)

### [The Grapevine](#)

#### [Click on Publication of Your Choice](#)

<https://veteransgrapevine.com/>

Find the previous Nebraska Veterans Coalition Newsletters here



### 2023 Tax Statement Availability Schedule

Annuitant 1099-R Available

Retiree 1099-R Available

Former Spouse 1099-R Available

Military/Military Retiree IRS Form 1095 1/31/2024

Active Army, Navy, Air Force, Space Force W-2 1/18/2024

Reserve Army, Navy, Air Force, Space Force W-2 1/5/2024

Civilian Certificate for Income Tax Adjustment 12/22/2023

Navy Student Loan Repayment Program (SLRP) W-2 1/4/2024R

Army Non-Appropriated Fund (NAF) Civilian W-2 1/5/2024

Active/Reserve Marine Corps W-2 1/12/2024

Civilian (DoD/Non-DoD) W-2 1/18/2024

Travel Pay 1099INT 1/22/2024 Civilian (DoD/Non-DoD)

IRS Form 1095 1/25/2024

Savings Deposit Program (SDP) 1099INT 1/29/2024 Travel/Miscellaneous W-2 1/31/2024

Army Student Taipei, Taiwan Repayment Program (SLRP) W-2 1/18/2024

## Legislation

### 2023 Nebraska Military & Veterans Legislation

#### 2023 Legislative Tracker (6/9/23)

[2023 Legislation.pdf \(nebraska.gov\)](#)

Open the bill # on the left of the Legislative Tracker listing, enter your comment online and express yourself as a proponent of the bill, and all senators will be able to see it

Legislators will take up rule recommendations in the early days of the session before moving on to bills that were carried over from last year. The Legislature convenes on January 3rd; this will be the "short" 60-day session that will conclude the 2023-24 biennium.

The deadline to submit comments for the official hearing record has passed but you may continue to submit comments as the Legislative session progresses.



The second session of the 108<sup>th</sup> Nebraska Legislature will convene January 3<sup>rd</sup>, 2024. The 2024 session is a 60-day "short session." Legislative activity will proceed at full speed, with much to accomplish right from the start. Following an anticipated rules debate, senators will begin debating the many carryover priority bills from the 2023 session.

This will be the final legislative session for 13 term-limited senators – what will they be able to add to their legacy? Like 2023, it is anticipated that priority designations will be the key to getting bills across the finish line in these short, fast-moving 60 days.

Our team has been gearing up for the 2024 session with the intention of continuing the momentous legislative accomplishments achieved in 2023. We'll be working with legislators, their staff, and other policy influencers in support of advancing bills promoting the "Good Life."

#### MORE:

<https://platteinstitute.org/looking-ahead-to-the-2024-legislative-session/>

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### Great news!

Subject: U. S. Senate Passed Legislation Tonight Designating National Medal of Honor Highway  
Across the USA on US Hwy 20

Oregon Senator Ron Wyden's Legislative Staffer Sydney Beasley just informed me the United States Senate passed legislation (S.1478) tonight designating the 3,365 mile US Hwy 20 across America as the "National Medal of Honor Highway" as we requested!

Stay tuned for a press release from Oregon Senator Ron Wyden and others and what happens next!

Please pat yourself on the back, and thank your Senators and your teammates for their awesome support!

Big thanks to the Senate staffers in DC for making this happen just before Christmas!

I'll send you an updated fact sheet.

Merry Christmas and Happy New Year!

Dick Tobiason, LTC US Army, Retired

Chairman, Bend Heroes Foundation

Project Manager: Medal of Honor Highway Across America and National Medal of Honor Highway on US Hwy 20

Thank You, Daryl Harrison, and your group, for volunteering your time and persistence making  
Nebraska part of the National Medal of Honor Highway

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### Senator Blood will introduce these bills in the next session

Hello, this is Alex Maycher with Senator Blood's office, and I wanted to let you know about some of the legislation for veterans and active military families Senator Blood will be introducing in the next session. I have attached the various drafts of the legislation to this email. We have also been working with the Department of Defense and Michelle Richart, who represents them on this legislation. Feel free to contact our office with any questions and concerns, and we would appreciate you circulating this to any possible proponents who would like to testify or write letters of support for these bills.

Concurrent Juvenile Jurisdiction Legislation

☐ Concurrent Juvenile Jurisdiction Bill [https://drive.google.com/file/d/1n7a-ThknTTSOWF4r7SwMHjtA\\_XuInhNc/view](https://drive.google.com/file/d/1n7a-ThknTTSOWF4r7SwMHjtA_XuInhNc/view)

Special Needs Military Families Legislation

☐ Discussion Points.pdf [https://drive.google.com/file/d/12SZ2\\_Ds8GiABjRehHYyJwAz8huBnsIQt/view](https://drive.google.com/file/d/12SZ2_Ds8GiABjRehHYyJwAz8huBnsIQt/view)

Military Discrimination Legislation

☐ Military Discrimination Bill [https://drive.google.com/file/d/1hKzKR04M1dOfp\\_XumDh8oJfNe-3hMyuP/view](https://drive.google.com/file/d/1hKzKR04M1dOfp_XumDh8oJfNe-3hMyuP/view)

Physician Associates Interstate Compact

☐ PA Compact Bill [https://drive.google.com/file/d/1KwmKPCnev\\_zYeYKZqlep9477-ftitSu/view](https://drive.google.com/file/d/1KwmKPCnev_zYeYKZqlep9477-ftitSu/view)

Social Workers Interstate Compact

☐ Social Workers Compact Legislation <https://drive.google.com/file/d/1bDvhTaBI->

Dentist/Dental Hygienists Interstate Compact

□ Interstate Dentist Compact Legislation <https://drive.google.com/file/d/11j1-iLyy9rrQn4JM4uQ1raYlCg7FvHrF/view>

Thank You Alex for the advance information  
Dean

***Call or send an email to your State Senator if you want them to support any of these bills and cosponsor them***

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## ***NEBRASKA LEGISLATURE***

The official site of the Nebraska Unicameral Legislature

<https://nebraskalegislature.gov/index.php>

### **Senators' Landing Pages**

[https://nebraskalegislature.gov/senators/senator\\_list.php](https://nebraskalegislature.gov/senators/senator_list.php)

Each senator offers a page where the public can find his or her contact information, committee assignments and news releases. Senators' pages also contain his or her biography, district map, photos and information about bills the senator introduced. Click on a senator's name below to access his or her page or [find your senator](#).

### **Search Bills and Resolutions**

<https://nebraskalegislature.gov/bills/>

Choose one of the following methods to find a bill or resolution or do a keyword search of past legislation.

### **Standing Committees**

<https://nebraskalegislature.gov/committees/standing-committees.php>

The Legislature has 14 standing committees that are organized around various public policy areas in order to facilitate the processing of legislation. These committees hold public hearings on the legislation. Typically, hearings are held in the afternoon of legislative days, and they begin in mid-January and last through early March.

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## ***Biomanufacturing and Jobs Act***

July 24, 2023

WASHINGTON - U.S. Senators Amy Klobuchar (D-MN), Joni Ernst (R-IA), Debbie Stabenow (D-MI), and Pete Ricketts (R-NE) introduced the *Biomanufacturing and Jobs Act* to strengthen the United States Department of Agriculture (USDA) BioPreferred program.

<https://www.klobuchar.senate.gov/public/index.cfm/2023/7/klobuchar-ernst-stabenow-ricketts-introduce-bipartisan-legislation-to-strengthen-american-biomanufacturing>

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## ***District 30 Update - December 2023***

### ***Senator Myron Dorn***

First, may I wish you a meaningful and peaceful celebration of the holidays, and all the best in the coming year. This is definitely the season when the calendar fills up for all of us, and it is no different for the Legislature. The past few weeks have been packed with conferences, talking with agency directors, and meetings with constituents and groups who have ideas for legislation.

We have also wrapped up our interim studies, which dealt with the mesonet/weather instruments across the state, accessibility issues in the Capitol building, and rural EMTs and rescue squads. The budget may have an impact on the first two, and we have had some resolution of concerns for EMTs and EMRs.

more:

<https://mailchi.mp/9a3c44cf77a5/december-update?e=8fcb4e96ab>

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**HEALTH CARE**

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**This time of year can be harder for some people than others. Don't be afraid to check on your fellow veterans this holiday season. If you or a veteran you know ever experiences a crisis, the Veterans Crisis Line is available 24/7, and you can connect with a trained counselor by dialing 988 and pressing 1, or by texting 838255.**

[Learn More About the Veterans Crisis Line](#)

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining"!

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### ***[Veteran loses 140 pounds with VA TeleMOVE! program](#)***

Many Veterans are working to improve their health and well-being. For those wanting to make healthy lifestyle changes, VA's [TeleMOVE!](#) program is ready to help Veterans manage their weight, eat wisely and be more physically active. TeleMOVE! care coordinators partner with Veterans to create personalized, monitored health and weight management plans.

Navy Combat Veteran Reid Kochel began TeleMOVE! at the suggestion of his care team at [Black Hills VA](#). Since starting the program, he has lost over 140 pounds.

<https://news.va.gov/125620/veteran-loses-140-pounds-with-vb-telemove/>

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### ***[VA now offers online ordering for CPAP supplies](#)***

Veterans who rely on CPAP (continuous positive airway pressure) machines to manage sleep-related breathing disorders, including sleep apnea, now have a new [streamlined online ordering system for CPAP supplies](#).

VA has added the CPAP supply ordering feature as part of the online tool that's already in place, same as how Veterans [order hearing aid supplies](#) on VA.gov. The addition improves how Veterans order, manage and efficiently receive health care supplies. It's a notable improvement to the previous CPAP supply ordering process, which was by phone call or traditional mail order forms sent to VA's Denver Logistics Center (DLC).

**MORE:** <https://news.va.gov/126774/va-now-offers-online-ordering-for-cpap-supplies/>

December 4, 2023

By VA Office of Information and Technology

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MISCELLANEOUS INFORMATION

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## **Nebraska Department of Veterans' Affairs**

<https://veterans.nebraska.gov/>

NDVA Twitter [https://twitter.com/NEVetsAffairs?ref\\_src=twsrc%5Etfw](https://twitter.com/NEVetsAffairs?ref_src=twsrc%5Etfw)

NDVA Facebook <https://www.facebook.com/VeteransAffairs/>

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### **Benefits and Services Overview**

Part of our mission is to help veterans identify and access benefits. There is a wide range of county, state, and federal benefits related to education, employment, finance, health care, housing, legal assistance, recreation, taxes, and more. Use our Benefits Expert to help guide you to the benefits you're interested in or learn about some of the most-used benefits. If you have additional questions, don't hesitate to contact your County Veterans' Service Officer or a State Service Officer.

### **Nebraska Veterans' Gateway**

Welcome to your gateway to career and employment resources for Nebraska veterans.

### **Nebraska Veterans' Homes**

Nebraska's state veterans' homes offer top-of-the-line domiciliary, intermediate, and skilled nursing care for the men and women who have served our country, as well as eligible family members.

### **Military & Veterans' Registry Application**

Applicants must submit a DD-214 or NGB-22 indicating the length and character of services.

### **Newsletter & Events**

<https://veterans.nebraska.gov/news>

MORE

**NDVA Receives VA Grant for Nebraska Veterans Cemetery at Grand Island, Groundbreaking Nov. 10**

The Nebraska Department of Veterans Affairs (NDVA) has awarded \$2.5 million to the Nebraska Vietnam Veterans Memorial Foundation to go towards the construction of its Vietnam War Memorial in Papillion. <https://johnsoncounty.ne.gov/veterans-service-office.html>

Other VA social media:

[U.S. Department of Veterans Affairs](#) [U.S. Department of Veterans Affairs](#)

[Nebraska Western Iowa Health Care System](#) [Nebraska Western Iowa Health Care System](#)

<https://www.facebook.com/NebraskaIowaVA/>

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## **Time to do some homework. DOES NEBRASKA HAVE ALL OF THESE BENEFITS?**

IF NOT, CALL YOUR STATE SENATOR AND ASK THEM TO LEGISLATE MAKING NEBRASKA  
"THE GOOD LIFE"

### **Welcome to the IowaWORKS Veterans Portal**

The IowaWORKS for Veterans Portal is your pathway to finding new opportunities in Iowa! If you're a Veteran, transitioning service member, or a military spouse, the portal is your gateway to Iowa's largest job bank as well as training and workshop resources to improve job-hunting skills. Additionally, Veteran-friendly employers can use the portal to speed up recruitment by sorting through our database of skilled Veteran resumes. Whether you're looking for a new "home base" or you already call Iowa home and want a new job opportunity, the Veterans Portal can help.

<https://iowaworksforveterans.gov/vosnet/default.aspx>

### **KEEP VETEREANS IN NEBRASKA !!!!**

Senators' Landing Pages

[https://nebraskalegislature.gov/senators/senator\\_list.php](https://nebraskalegislature.gov/senators/senator_list.php)

**Contact the Governor**

**Cabinet**

Connect with the Governor

[Subscribe for Text or Email Updates](#)

**Lincoln Office/State Capitol:**

Office of the Governor

P.O. Box 94848

Lincoln, NE 68509-4848

Phone: 402-471-2244

Fax: 402-471-6031

Email: [Gov. Pillen at the State Capitol](#)

[Contact the Governor | Office of Governor Jim Pillen \(nebraska.gov\)](#)

**Cabinet**

[Cabinet | Office of Governor Jim Pillen \(nebraska.gov\)](#)

**Nebraska Dept. of Economic Development**

[Home - Nebraska Department of Economic Development](#)

*Our Mission: to provide quality leadership and services that enable Nebraska's communities, businesses, and people to succeed in a global economy. Ask about moving here, living here, starting a business here, growing a business here.*

**Nebraska Department of Labor**

<https://dol.nebraska.gov/>

The state agency responsible for administering laws and rules governing the employment relationship is to serve, promote, and advocate for economic development, job growth, and quality of life in the state of Nebraska.

**Nebraska Department of Revenue**

[Nebraska Department of Revenue](#)

The state agency responsible for serving the public by administering the state revenue laws with integrity, efficiency, and consistency.

**Nebraska Department of Health and Human Services**

[Department of Health and Human Services \(ne.gov\)](#)

The state agency "Helping people live better lives" provides the motivation to make a difference. Educate and protect people through public health activities like ensuring clean and safe drinking water and e-license and certify all health care professionals. Touch our state's most vulnerable citizens. Assists the elderly, low-income, and those with disabilities; provides safety to abused and/or neglected children and vulnerable adults; and thousands of Nebraskans rely on the services of our seven 24-hour facilities.

**Nebraska Department of Veterans Affairs**

<https://veterans.nebraska.gov/>

The mission of the Department of Veterans' Affairs is to provide assistance to Nebraska veterans and their dependents in acquiring county, state, and federal benefits to which they are entitled by virtue of their service to this country.

**Nebraska Chamber of Commerce**

[Nebraska Chamber of Commerce & Industry - Nebraska Chamber of Commerce & Industry | P.O. Box 95128 | Lincoln, NE 68509 \(nechamber.com\)](#)

The mission of the Nebraska Chamber of Commerce & Industry is to promote and protect Nebraska's free enterprise system by ensuring a competitive business climate, economic growth, and greater prosperity for all Nebraskans.

**School, City, County, State Boards**

**Your State Legislator**

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**County Veterans Service Offices Directory**

**This month's**

**FEATURED COUNTY VETERAN SERVICE OFFICER INFORMATION**

**Extracted from**

## Nebraska Department of Veterans Affairs

<https://veterans.nebraska.gov/>

### County Veterans Service Offices Directory (Updated 12/21/2023)

<https://veterans.nebraska.gov/cvso>

#### KEARNEY COUNTY

Service Officer Philip Heun (308) 832-1747 [veterans.services@kearneycountyne.gov](mailto:veterans.services@kearneycountyne.gov)

Fax: (308) 832-1004

Location 528 N Minden Ave, Minden, NE 68959

Hours Monday – Friday

8:30 am to 5:00 pm, Closed noon to 1 pm

Mailing Address PO Box 172 Minden, NE 68959

Website [http://www.kearneycounty.ne.gov/webpages/veterans\\_services/veterans\\_services.html](http://www.kearneycounty.ne.gov/webpages/veterans_services/veterans_services.html)

#### KEITH COUNTY

Service Officer Daniel Nichols Cell (308) 289-2341 [dnichols@keithcountyne.gov](mailto:dnichols@keithcountyne.gov)

Fax: (308) 284-3922

Location: 511 N. Spruce St., Ste. 205, Ogallala, NE 69153

Hours Monday – Thursday 8 am to 4 pm, Closed Noon to 1 pm-

Friday - 8 am to Noon

Mailing Address 511 N. Spruce St., Ste. 205, Ogallala, NE 69153

Website <http://www.keithcountyne.gov/residents/veterans.php>

Also CVSO for Arthur County and Garden County

#### KEYA PAHA COUNTY

Service Officer Jacob Graff (402) 387-0233 [jgraff@browncountyne.gov](mailto:jgraff@browncountyne.gov)

Fax: (402) 387-0918

Location 148 W 4th St, Ainsworth, NE 69210

Hours Monday – Friday 8 am to 5 pm Closed noon to 1 pm

Mailing Address 148 W 4th St, Ste 3, Ainsworth, NE 69210

Website [https://co.keya-paha.ne.us/webpages/veterans\\_services/veterans\\_services.html](https://co.keya-paha.ne.us/webpages/veterans_services/veterans_services.html)

Also CVSO for Brown County and Rock County

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### **What Does the Space Force Do? 4 Years After Its Birth, Glimpses of the Service's Mission Emerge**

Military.com | By [Thomas Novelty](#)

Published December 20, 2023 at 3:16pm ET

COLORADO SPRINGS, Colorado -- Staring at the computer screen in an office complex not too far from Schriever and Peterson Space Force Bases, a Guardian had a rapidly diminishing timer with only eight minutes left to carefully type in the complex computer code needed to hack an enemy satellite.

The low-Earth orbit satellite, which was traveling at roughly 18,000 miles an hour, was reportedly gathering intelligence about U.S. military assets across the Midwest, Southeast, Gulf of Mexico and Eastern Seaboard on four passes -- leaving only a small contact window in which the Guardians could work to stop the enemy from collecting photos and reconnaissance.

#### **MORE:**

<https://www.military.com/daily-news/2023/12/20/what-does-space-force-do-4-years-after-its-birth-glimpses-of-services-mission-emerge.html>

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### **Uniform Evolution**

Click through the timeline to see how the Army's uniform has evolved. Use the scroll bar to rotate the model or click to learn more.

<https://www.defense.gov/Multimedia/Experience/Common-Threads/Common-Threads-Army/>

Since the U.S. Army's founding on June 14, 1775, its uniforms have evolved to match military tactics and technology -- with warfighters constantly equipped with gear that increases survivability, mobility, and lethality.

Scroll the interactive display below to see how the uniform has changed over time.

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**YOUR CHILD COULD QUALIFY FOR A PRIVATE SCHOOL TUITION  
SCHOLARSHIP!**





## **Outdoor News: Outdoor gift ideas; trophy bighorn; learn how to ice-fish**

Nebraska Game and Parks Commission sent this bulletin at 12/07/2023 01:30 PM CST  
<https://content.govdelivery.com/accounts/NEGPC/bulletins/37e8e4b>

## **Nebraska Fishing About**

This group was created by the Fisheries Division Nebraska Game & Parks Commission for the use of anglers and outdoor enthusiasts in Nebraska as a place to share fishing stories, catches, offer helpful tips to others and provide updates on the fishing conditions at waterbodies across the state. Join the group to help promote comradery among the outdoorsmen and outdoorswomen who love this state and its resources.

[https://www.facebook.com/groups/448420992273529/?hoisted\\_section\\_header\\_type=recently\\_seen&multi\\_permaLinks=1805390529909895](https://www.facebook.com/groups/448420992273529/?hoisted_section_header_type=recently_seen&multi_permaLinks=1805390529909895)

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## **Military Daily News**

<https://www.military.com/daily-news>

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## **More Burial and Funeral Costs Can Now Be Covered by Veterans Benefits**

The [Department of Veterans Affairs](#) is expanding benefits to help pay for veterans' end-of-life expenses, the department announced Friday.

The expanded benefits include reimbursements for transporting remains to state and tribal veterans cemeteries, in addition to previously eligible national cemeteries; allowances for VA plots or interments for tribal organizations; and higher payments for non-service-connected burial benefits, according to a news release Friday.

[Listen to this article](#)

<https://www.military.com/daily-news/2023/09/22/veterans-and-families-offered-expanded-benefits-transporting-remains-other-burial-costs.html>

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## **Heroes Hunting - Nebraska**

[311 likes](#) • [386 followers](#)

### **Our Story this is who we are**

Watch as our crew travels around the country, meeting up with other US Veterans and Soldiers while looking for the biggest and best game; hunting duck, deer, hogs, elk, turkeys, fish, and more.

THEN listen and WATCH as they retell the wild stories and memories of deployment using REAL ACTUAL footage from when it actually happened. BE THERE in the firefights, IED blasts/finds, Vehicle strikes, raids, and more of Afghanistan, Iraq, etc.

<https://www.heroeshunting.com/>

<https://www.heroeshunting.com/about>

<https://www.facebook.com/heroeshunting101>

Omaha, NE, United States, 68135  
Address  
[chrism@heroeshunting.com](mailto:chrism@heroeshunting.com)

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*Veterans, Gold Star Families get free lifetime pass to national parks, wildlife  
refuges, and other public lands*

*The new pass provides free lifetime access and waived recreation fees for Veterans*

November 8, 2022

By Courtesy of the National Park Service

[https://news.va.gov/110751/free-lifetime-pass-to-national-parks/?utm\\_id=22NOV2023](https://news.va.gov/110751/free-lifetime-pass-to-national-parks/?utm_id=22NOV2023)

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*Does Nebraska take advantage of these benefits like other states?*

*It is up to you to check !!!!*

<https://news.va.gov/126540/outreach-team-conducted-70-pact-act-events/>  
<https://news.va.gov/>

**2023: End-of-year Veteran benefits update**

Veterans have applied for benefits at record rates over the past year. As a result of your applications, VA has been able to deliver more earned benefits to more Veterans than ever before, including \$150 billion during 2023 alone.

They were part of the PACT Outreach Team that conducted over 70 PACT Act Information events that helped enroll Veterans for the care and benefits they deserve.

Shortly after the passage of the act, Battle Creek VA's PACT Act Outreach Team embarked on a mission to ensure that no Veteran in their 21-county catchment area faced unnecessary barriers to enrollment and screening.

Traveling to senior centers, county offices and private venues throughout southwest Michigan, the PACT Act Outreach Team brought details about the expanded eligibility and benefits to Veterans of many different eras. Veteran Service Organizations, on-site health care enrollment, and toxic agent screening were available to Veterans during the events.

Thanks to their hard work, Battle Creek VA enrolled 2,331 new Veterans last year, which was an increase of over 600 versus the previous year. Over 26,000 Toxic Exposure Screenings have been conducted as well, surpassing the goal by 111%, and with an average of 88% of follow-ups completed within 30 days.

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*Become an Access Member and let employers find you. It's free. [Yes, let employers find me.](#)*

*Find Purpose in the Public Sector*

*Search and apply for government jobs with one easy profile.*

*Open Now in Nebraska*

<https://www.governmentjobs.com/jobs?keyword=Open%20job&location=nebraska%20>

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**Improving access and outcomes for homeless women Veterans**

*VA has made big strides in helping women Veterans but there's still work to be done*

November 30, 2023

By Shawn Liu

Director of Communications, VA Homeless Programs

<https://news.va.gov/126415/improving-access-for-homeless-women-veterans/>

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We are back again to introduce another member of our Team RWB staff in Omaha, NE.

Meet Tamsen Butler!

Tamsen Butler, who is the current Athletic Director of the Omaha Chapter of Team RWB, served in the United States Air Force as a Chaplain's Assistant. When she decided to serve, Butler was dating a young man who was in the Army who steered her towards enlisting in the Air Force. Tamsen believes that being a veteran means that she is part of something bigger than herself. She got involved with the Team RWB podcast a few years ago and once she found out what the group stood for, Butler was all for joining. Tamsen is now a Senior Copywriter and Group Fitness instructor for a few gyms. In her free time, Butler enjoys training in Brazilian Jiu-Jitsu as well as volunteering in her community.

<https://www.facebook.com/groups/342236012571858/permalink/6716802795115116/?mibextid=W9rl1R>

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**at ease usa**

<https://ateaseusa.org/programs/>

**Providing PTSD services to those who serve**

### **Programs**

**Contact us for help finding the program that's right for you.**

#### **Behavioral Health Services**

Veterans Services programs provide confidential, individualized counseling services for active military personnel, veterans, frontline healthcare workers and their loved ones regardless of ability to pay. [Learn](#)

[More](#)

#### **Vets 4 Vets Peer Support Group**

Peer support is rooted in hope & connection through empowering and empathetic relationships between those with similar and shared life experiences.

[Omaha](#)

[North Platte](#)

#### **1:1 Peer Support Services**

We offer 1:1 Peer Support Services to our military veterans. AEU's Vets4Vets program creates opportunities for veterans and service members to heal together.

[Omaha](#)

[North Platte](#) \

#### **Virtual Women's Vets 4 Vets**

This virtual women's support group encompasses a range of activities and interactions between female veterans. This group will resume in the near future. Please watch our social media for more information!

#### **Virtual Military Spouse & Caregiver Support Group**

T.R.I.B.E. Together Resiliency Inspires Brave Evolution. At this virtual Lunch & Learn, you can expect to gain a deeper understanding of stress, trauma and PTSD in this safe environment.

[Learn More](#)

#### **Trauma Informed Yoga**

This yoga class will focus on the Five Tools of Mindful Resilience: Breathing, Meditation, Mindful Movement, Guided Rest and Gratitude. This evidence-informed practice has been proven to relieve the impact of PTSD.

[Learn More](#)

### Teen Talk Group

This September and October AEU is offering a teen talk group focused on opening the dialogue for adolescents ages 12 to 15 regarding emotional wellness, healthy decision making, amongst other related topics. This is a 6 week group and spots are limited!

[Learn More](#)

### Dialectical Behavior Therapy (DBT) group

The DBT Group is intended for active duty service members and veterans. DBT has proven to be effective treatment for PTSD. It can improve your ability to handle stress without losing control and acting destructively.

[Learn More](#)

### Buddy Check

Buddy Check was started in support of veterans struggling with mental health challenges and addiction. This group will resume in the near future. Please watch our social media for more information!

## EVENTS



## Seward VFW

5d ·

Come on out to the Seward VFW Friday 22 Dec 2023!

Buddy Check at the VFW 1900.

Please note:

Buddy Check will be at the Seward VFW this month. Buddy Check will NOT be held at Bottle Rocket this month due to a scheduling conflict.

Dinner will be Domino's Pizza, & wings. I believe Rita will not be making desert(s). Her & [Russ Andy Anderson](#) are down with the seasons cold, n bad germs.

I plan to be ready to serve at 1900. We'll break a little bread, and talk about what needs to be talked about.

243 S 9th St, Seward, NE 68434

[#buddycheck](#) [#SuicideAwareness](#) [#Stop22](#) [#bottlerocket](#) [Domino's Seward](#) @followers

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