

Nebraska Veterans Coalition



Leading the way for Nebraska's Veterans

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A Volunteer Organization Bringing Awareness To Veteran's Issues

Volume 4, Issue 8, August 1, 2023, Newsletter

The Nebraska Veterans Coalition Mission

WHAT WE DO AND WHAT OUR GOALS ARE UPDATE 7-17-2020

The Nebraska Veteran's Coalition is a non-partisan or bi-partisan group. It was formed to bring awareness to veterans about what is going on in the Nebraska Unicameral. To inform veterans of their elected officials and the legislation status about Veteran's benefits going through the Nebraska Unicameral.

1. Primary purposes:

- a. Convince the Legislature to provide incentives to Attract and Retain Veterans in Nebraska.*
- b. Increase Tax revenues for Nebraska by increasing its veteran population.*
- c. Establish more effective collaborative efforts to attract talent to Nebraska to respond to current and future workforce needs*
- d. Improve the retention of highly skilled leaders and technicians retained in Nebraska who are separating from the military.*
- e. Persuade Nebraska to improve the medical treatment of veterans by working more closely with the Veterans Administration and persuading Nebraska to establish a Home Base Program like other states.*
- f. Persuade Nebraska to market itself to Veterans*
- g. Admins and members providing information to veterans and family members about available benefits from the VA and the State of Nebraska.*
- h. Share information about efforts within the VA, the United States Congress, and the Nebraska Legislature to improve the support of veterans and their families.*
- i. Share information with veterans, their families, and those supporting veterans about efforts to attract and retain them in Nebraska.*
- j. Persuade Veterans to be more involved in the process of Democracy*

2. Primary Efforts:

- a. Communicate with Legislators, the Governor's Office, and numerous other community leaders concerning the need and benefits of persuading Veterans to remain in Nebraska.*
- b. Establishing and maintaining information distribution efforts through Facebook, web site, e-mails, and meetings.*
- c. Working with Chambers of Commerce to gain their support.*

- d. Advocating methods to improve retention of veterans in Nebraska.*
 - e. Working with the Legislature to gain support for increasing the number of veterans in Nebraska.*
 - f. Working with Veteran Service Organizations*
 - g. Provide ongoing information to Legislators about the benefit of using veterans to expand the workforce in Nebraska.*
 - h. Establishing an ongoing dialogue with Nebraska Legislators to provide them with information about veterans' needs.*
 - i. Work with the Nebraska Veterans Commission to provide them with information about the needs of veterans in Nebraska.*
 - j. Make ongoing efforts to increase the number of veterans and supporters on our Facebook page.*
 - k. Working with the Nebraska Department of Labor and the Nebraska Department of Veterans Affairs to improve services to veterans.*
 - l. Encourage posting of veterans' events on our Facebook page (Nebraska Veterans Coalition)*
- "Friend us," View our Website- www.NebraskaVeterans.org, and follow Twitter @VetsCoalitionNE*
We do not solicit, or accept funding/donations for our efforts.
-

Welcome, everyone, I hope you enjoy this newsletter with a copy at the top of our Facebook page.

You can request to have the newsletter sent directly to you by email, and all that is needed is to request to join at the top of the newsletter. The only information needed is an email address (Names or personal information is not requested nor required) For those that feel a friend would like to see this information, just forward it.

Thank You,
Dean Kenkel

The following is an excerpt from Ron Dupel's post on our Facebook page. This post is for 15 new friends that joined our Facebook group page.

Hello Everyone, Welcome to the Nebraska Veterans Coalition. I have been remiss in making sure to welcome everyone who has friended us.

Thank you to everyone who has joined us recently, and welcome to you.

We are busy meeting with Senators in the Nebraska Legislature to discuss our goals and why they should support Veterans and enact legislation for Veterans.

We are also heavily involved in a large group effort to improve mental health programs, raise awareness of suicide, and implement more consistent and successful approaches to treating PTSD, TBI, and raising awareness of suicide with efforts to decrease instances of suicide.

We have a website with considerable information on it. John Stewart does awesome with the site for us. www.NebraskaVeterans.org

Many people do not engage with Facebook, so if you know friends or someone who would like to receive these emails, please forward this newsletter to them. We feel the newsletters are filled with valuable information for Veterans.

Again, Welcome to you that have friended us on Facebook and thank you

There are plenty of postings in the column to our right with much information about various topics.

Please give a shout-out to new friends.

Join our
Newsletter



Find our
Website



Open To America's #1 Veterans Magazine

The Grapevine

Click on Publication of Your Choice

<https://veteransgrapevine.com/>

Find the previous Nebraska Veterans Coalition Newsletters here



Nebraska Department of Veterans' Affairs

<https://veterans.nebraska.gov/>

NDVA Twitter https://twitter.com/NEVetsAffairs?ref_src=twsrc%5Etfw

NDVA Facebook: <https://www.facebook.com/VeteransAffairs/>

Benefits and Services Overview

Part of our mission is to help veterans identify and access benefits. There is a wide range of county, state, and federal benefits related to education, employment, finance, health care, housing, legal assistance, recreation, taxes, and more. Use our Benefits Expert to help guide you to the benefits you're interested in or learn about some of the most-used benefits. If you have additional questions, don't hesitate to contact your County Veterans' Service Officer or a State Service Officer.

Nebraska Veterans' Gateway

Welcome to your gateway to career and employment resources for Nebraska veterans.

Nebraska Veterans' Homes

Nebraska's state veterans' homes offer top-of-the-line domiciliary, intermediate, and skilled nursing care for the men and women who have served our country, as well as eligible family members.

Military & Veterans' Registry Application

Applicants must submit a DD-214 or NGB-22 indicating the length and character of services.

News & Events

<https://veterans.nebraska.gov/news>

Other VA social media:

[U.S. Department of Veterans Affairs](#) [U.S. Department of Veterans Affairs](#)

[Nebraska Western Iowa Health Care System](#) [Nebraska Western Iowa Health Care System](#)

<https://www.facebook.com/NebraskaIowaVA/>

Contact the Governor

Connect with the Governor

[Subscribe for Text or Email Updates](#)

Lincoln Office/State Capitol:

Office of the Governor

P.O. Box 94848

Lincoln, NE 68509-4848

Phone: 402-471-2244

Fax: 402-471-6031

Email: [Gov. Pillen at the State Capitol](#)

[Contact the Governor | Office of Governor Jim Pillen \(nebraska.gov\)](#)

Cabinet

[Cabinet | Office of Governor Jim Pillen \(nebraska.gov\)](#)

Nebraska Dept. of Economic Development

[Home - Nebraska Department of Economic Development](#)

Our Mission: to provide quality leadership and services that enable Nebraska's communities, businesses, and people to succeed in a global economy. Ask about moving here, living here, starting a business here, growing a business here.

Nebraska Department of Labor

<https://dol.nebraska.gov/>

The state agency responsible for administering laws and rules governing the employment relationship is to serve, promote, and advocate for economic development, job growth, and quality of life in the state of Nebraska.

Nebraska Department of Health and Human Services

[Department of Health and Human Services \(ne.gov\)](#)

The state agency "Helping people live better lives" provides the motivation to make a difference.

Educate and protect people through public health activities like ensuring clean and safe drinking water and e-license and certify all health care professionals. Touch our state's most vulnerable citizens. Assists the elderly, low-income, and those with disabilities; provides safety to abused and/or neglected children and vulnerable adults; and thousands of Nebraskans rely on the services of our seven 24-hour facilities.

Nebraska Department of Veterans Affairs

<https://veterans.nebraska.gov/>

The mission of the Department of Veterans' Affairs is to provide assistance to Nebraska veterans and their dependents in acquiring county, state, and federal benefits to which they are entitled by virtue of their service to this country.

Nebraska Chamber of Commerce

[Nebraska Chamber of Commerce & Industry - Nebraska Chamber of Commerce & Industry | P.O. Box 95128 | Lincoln, NE 68509 \(nechamber.com\)](#)

The mission of the Nebraska Chamber of Commerce & Industry is to promote and protect Nebraska's free enterprise system by ensuring a competitive business climate, economic growth and greater prosperity for all Nebraskans.

Legislation

2023 Nebraska Military & Veterans Legislation

Bill Tracker

<https://veterans.nebraska.gov/legislative-issues>

Open the link for the bill as introduced; find the statement of intent; fiscal note; find the representative that introduced the bill and cosponsors

This is NDVA's final Veterans Legislative Update for the 2023 Session.

<https://veterans.nebraska.gov/legislative-issues>

NEBRASKA LEGISLATURE

The official site of the Nebraska Unicameral Legislature

<https://nebraskalegislature.gov/index.php>

Senators' Landing Pages

https://nebraskalegislature.gov/senators/senator_list.php

Each senator offers a page where the public can find his or her contact information, committee assignments and news releases. Senators' pages also contain his or her biography, district map, photos and information about bills the senator introduced. Click on a senator's name below to access his or her page or [find your senator](#).

Search Bills and Resolutions

<https://nebraskalegislature.gov/bills/>

Choose one of the following methods to find a bill or resolution or do a keyword search of past legislation.

Standing Committees

<https://nebraskalegislature.gov/committees/standing-committees.php>

The Legislature has 14 standing committees that are organized around various public policy areas in order to facilitate the processing of legislation. These committees hold public hearings on the legislation. Typically, hearings are held in the afternoon of legislative days, and they begin in mid-January and last through early March.

Dear Dean,

Periodically, the Platte staff gets together to assess what we've accomplished and how we can best plan for the future. Most importantly, we like to review our "why" when discussing our continued efforts in some policy areas.

Workforce licensing is an area we've been actively engaged in for 6 or 7 years now, and we've placed it under the general heading of "reducing barriers." Still, I thought you might be interested in some of the deeper "why's" for our involvement in this policy area.

Central to our belief is the idea that there's inherent dignity in work and pursuing one's dreams. Occupational licensing often stands as a government-mandated 'permission slip' to operate in a chosen field, an obstacle that we believe should be minimized for those eager to chase their passions.

Another cornerstone of our philosophy is our faith in the free market and healthy competition. When licensing comes into play, it can stifle potential entrants into the marketplace, irrespective of consumer demand. In an era of online reviews and social media, a government license holds less weight in vouching for service quality than public feedback.

Workforce shortages in Nebraska pose another significant concern. As licensing requirements limit the influx of new professionals, consumers end up bearing the brunt through higher costs or difficulty in accessing services. This situation is a classic example of how market forces when constricted by state regulations, disadvantage consumers, impede newcomers to a field, and unfairly benefit those already holding licenses.

In saying this, we aren't suggesting the abolishment of all job licensing but rather arguing for more effective ways to safeguard consumers. Practices such as private certification and health inspections of facilities often serve the purpose without the bureaucratic rigmarole of traditional licensing. Moreover, when licensing is indeed essential, it should center on public safety rather than shielding established professionals from competition.

Our approach to licensing questions has been varied. We worked to remove natural hair braiding from requiring a cosmetology license. We've supported eliminating licenses that seemingly have no public safety purpose (horse massage). Platte led the way in requiring regular licenses reviews, and we've opposed adding new licenses as "spinoffs" (art therapy or music therapy, for instance, which already require licensure as a mental health professional).

In the last several legislative sessions, we have been working to make it easier for people who are licensed and experienced in other states to come to Nebraska to practice their profession and help build our workforce. We hope that by next summer, we can say that Nebraska's doors are open to workers—whether military spouses, veterans with military occupational training, or others who would like to move to the "good life" to practice their trade—after the Legislature passes Senator Briese's LB16 (universal recognition).

And speaking of LB16, <https://tinyurl.com/y9kd5yhk>, in addition to the universal recognition element, it has another component that we think is critical as we return to our dignity-in-work "why" above. That component is sometimes referred to as the "second chances" portion and makes it easier (and exclusions more precise) for those who may have a criminal record in their background. This element would give those who have paid their debt to society more options for building a positive future by entering licensed occupations. We believe that giving people a real opportunity to succeed after leaving the criminal justice system is an important part of keeping them out of the system in the future.

Platte's senior fellow, Laura Ebke, has written about [LB16 here](#). She also points to Nebraska's

comparative disadvantage with neighboring states here. More recently, she reviewed an academic policy brief that suggested the harm of occupational licensing to women.

We think our “why’s” for pursuing occupational licensing reform are solid on many levels, and we plan to continue working to reduce those barriers to success which distort the free market.

Thanks for reading,

Jim Vokal, CEO of the Platte Institute and host of *Nebraskanomics*.

□ It’s time to stop the status quo. Let’s remove economic barriers and make Nebraskans proud.



Frequently Asked Questions: Truth in Taxation in Nebraska

What is Truth in Taxation?

In the 2021 legislative session, LB644 was passed to add transparency and accountability to Nebraska’s property tax levying process. [LB644.pdf \(nebraskalegislature.gov\)](#) is officially titled the Property Tax Request Act, but the policy behind it has been commonly referred to as Truth in Taxation since the 1980s.

Nebraska’s Truth in Taxation law requires that any county, city, school district or community college seeking an annual increase in property tax revenue exceeding 2%, plus the percentage of real growth, hold a public hearing between September 14 and 24 to make the case to their taxpayers and voters. Subdivisions must notify taxpayers with a postcard mailed directly to the property owners at least 7 days in advance of the hearing date.

Why do we want to pay attention?

September 2023 will be Nebraska’s second experience with the Truth in Taxation process and will undoubtedly be a valuable learning experience for both public officials and the taxpaying public. Going forward, elected officials will need to make the case for additional tax dollars when they propose a major levy increase based on higher assessed property values. This transparency can add accountability to local tax policy decisions in Nebraska, which is especially important during an inflationary cycle that is driving up property values.

The big win for Nebraskans is that Truth in Taxation simplifies the process of being an informed taxpayer and participating in how the bulk of local property taxes are decided.

What information will appear on the Truth in Taxation postcard?

In addition to information about the property and its owner(s), postcards must include:

- The words “NOTICE OF PROPOSED TAX INCREASE”
- The name of the county where the hearing will take place and the name of the political subdivision
- Time, date, and location of the hearing
- Estimates of the tax on your property as a result of the revenue increase (the actual tax on your property may increase or decrease)
- Last year’s and this year’s assessed value of the property and the corresponding property taxes paid and due for each participating political subdivision
- The change in the amount of property taxes due from the previous year to the current tax year
- Contact information for the political subdivision(s) holding the hearing

What are the taxing authorities that are covered by this law?

Counties, cities, community colleges, and school districts who propose a property tax revenue increase greater than 2%, plus the jurisdiction’s percentage of real growth, are required to participate in a special Truth in Taxation hearing, called a joint public hearing. While these are just four of the several political subdivisions that may appear on your tax bill, they typically account for about 95% of your total property tax bill.

What makes a Truth in Taxation hearing different from other public hearings?

The four types of political subdivisions adhering to Truth in Taxation will take part in a joint public hearing, meaning all subdivisions will participate in the same hearing. The hearing will be held in at one location in each county. The law requires that anyone who wants to testify be granted time to do so. Discussion about proposed property tax increases is the only agenda item at this hearing, which is required to be held after 6 p.m. to make it easier for people to attend.

What information will subdivisions provide at the hearing?

A representative of each subdivision will give a brief presentation including the name of the subdivision, the property tax request amount, and required language specifying:

- How much the total assessed value of property has changed from last year
- The tax rate that would levy the same amount of property tax as last year
- The proposed tax rate and percent increase of the proposed total budget
- Contact information for the political subdivision.

What is the "real growth percentage?"

The "real growth percentage" is defined as an increase in real property valuation due to:

- Improvements to property from new construction and additions to existing buildings
- Other improvements to real property which increase the value of the property
- Annexation of real property
- A change in use of the real property
- An increase in value due to a tax increment financing project.

What will the Platte Institute be doing to help taxpayers during Truth in Taxation?

The Platte Institute is informing Nebraskans about their opportunity to help hold the line on property taxes by being part of the Truth in Taxation process. With the information and hearings provided by the law, members of the public can engage with the locally-elected officials who decide on their property tax bill. You can connect with all the educational materials we have created at


PlatteInstitute.org/Truth.

**Property Taxpayer
Training Camp**

Monday, August 7 at 6 PM

*UNO Campus Barbara Weitz
Community Engagement Center*
6400 University Dr S, Omaha, NE 68182

Come learn about how you can have a
voice and input on proposed property tax
increases at the upcoming county
Truth in Taxation Joint Public Hearing.



For More Information or To RSVP visit
www.PlatteInstitute.org/Truth

Omaha: [https://www.facebook.com/photo/?](https://www.facebook.com/photo/?fbid=6544102432373986&set=gm.6967456663265835&id=1001038876574340)

[fbid=6544102432373986&set=gm.6967456663265835&id=1001038876574340](https://www.facebook.com/photo/?fbid=6544102432373986&set=gm.6967456663265835&id=1001038876574340)

Papillion: <https://www.facebook.com/groups/1001038876574340/permalink/6967461479932020>

Lincoln: <https://www.facebook.com/groups/1001038876574340/permalink/6967463679931800>

Columbus: <https://www.facebook.com/groups/1001038876574340/permalink/6967469126597922>

Kearney: <https://www.facebook.com/groups/1001038876574340/permalink/6967471409931027>

Scottsbluff: <https://www.facebook.com/groups/1001038876574340/permalink/6967475316597303>

North Platte: <https://www.facebook.com/groups/1001038876574340/permalink/6967473193264182>

HEALTH CARE

Welcome to the National Center For PTSD

Whether this is your first stop in learning more about PTSD or you are already receiving treatment, our mission is to support Veterans who have experienced trauma or suffer from PTSD. We are here to help. Reaching out is a sign of strength, and getting treatment will help you find ways to cope so you can feel safe, look ahead and be there for your friends and family. We offer valuable resources that will help you along your journey, including:

- [Learning the Basics of PTSD](#)
- [Hearing Stories of Hope from Other Veterans](#)
- [Choosing the Right Treatment for You](#)

No matter where you are in your journey, know that you aren't alone, treatment works, and we're here to connect you with help.

[Learn More](#)

If you're in crisis or concerned about someone who is, there are caring, qualified responders standing by to help 24 hours a day, 7 days a week. [The Veterans Crisis Line](#) is a free, anonymous, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care.

<https://content.govdelivery.com/accounts/USVHA/bulletins/366416e>

Are you a Veteran in crisis or concerned about one?

Learn About Resources and Support

VA has a variety of mental health resources, information, treatment options and more — all accessible to Veterans, Veterans' supporters and the general public. Explore the pages below to learn more about a specific mental health topic or to find information specifically tailored to your needs. You can also visit the [Get Help](#) page to explore VA resources that address the unique stressors and experiences that Veterans may face.

<https://www.mentalhealth.va.gov/index.asp>



Veterans Mission of Mercy Dental Clinic

Volunteers Needed!

Thursday, October 5

Assistance is needed for setup, which will take place from 0900 - 1700. Dental equipment will arrive via semi-truck at the [Atlas and Titan Army National Guard Readiness Center](#) and need to be unloaded and moved into the central assembly hall within the Titan Readiness Center

Friday, October 6

Volunteer for an all-day or five-hour shift to help with check-in/check-out, collecting charts, escorting patients to proper areas, general event coordination, clean-up, and other duties.

Saturday, October 7

Volunteer for an all-day or five-hour shift to help with check-in/check-out, collecting charts, escorting patients to proper areas, general event coordination, clean-up, and other duties.

The Mission of Mercy Dental Clinic will provide a range of dental services—including exams, cleanings, fillings, full/partial dentures, extractions and more—to eligible Nebraska veterans and their spouses. The two-day clinic will be held at the [Atlas and Titan Army National Guard Readiness Center](#), on Friday, October 6, and Saturday, October 7.

Eligibility: any individual who served in the U.S. Armed Forces, regardless of type of service—active, reserve, or guard—as well as their spouse. If you were ever issued a US military uniform in service to our Nation, you and/or your spouse are eligible. <https://veterans.nebraska.gov/dentalclinic>

Submit Your Intent to File a Claim

The Honoring Our Promise to Address Comprehensive Toxics Act of 2022 (PACT Act) is the biggest expansion of Veteran health care and benefits in generations. VA encourages all eligible Veterans and survivors to file a claim — or submit their intent to file a claim — for PACT Act-related benefits

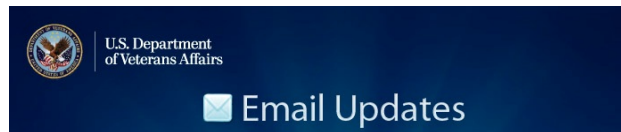
now. If you notify VA of your intent to file before Aug. 10, 2023, you may be able to get retroactive payments to Aug. 10, 2022, when the PACT Act became law. Learn how to let VA know of your intent to file.

<https://content.govdelivery.com/accounts/USVAVBA/bulletins/35ff7eb>

<https://www.va.gov/resources/the-pact-act-and-your-va-benefits/>

**Please review the qualifications for eligibility and file a claim at the official website: [VA.gov/PACT](https://www.va.gov/PACT).

VA has a variety of mental health resources, information, treatment options and more — all accessible to Veterans, Veterans' supporters and the general public. Explore the pages at <https://www.mentalhealth.va.gov/index.asp> to learn more about a specific mental health topic or to find information specifically tailored to your needs. You can also visit the [Get Help](#) page to explore VA resources that address the unique stressors and experiences that Veterans may face



VA health care news you can use

There's a lot going on in VA health care. Here are some of our latest stories about Veterans and for Veterans. Find out [how to apply for VA health care benefits](#).

<https://content.govdelivery.com/accounts/USVHA/bulletins/365a5fd>

[VA](#) » [Health Care](#) » **VA Caregiver Support Program** <https://www.caregiver.va.gov/>



<https://www.samhsa.gov/tribal-ttac/resources/suicide-prevention>

[To Live to See the Great Day that Dawns](#) A culturally appropriate guide for empowering tribal youth and preventing suicide

Suicide among American Indians/Alaska Natives

http://www.sprc.org/sites/default/files/migrate/library/AI_AN%20Sheet%20Aug%2028%202013%20Final.pdf

Provides information on suicide and risk and protective factors among American Indians and Alaska Natives

See more tool kits: <https://www.samhsa.gov/tribal-ttac/resources/suicide-prevention#manuals-toolkits>

SEE More Fact Sheets <https://www.samhsa.gov/tribal-ttac/resources/suicide-prevention#suicide-factsheets>

A poster for a Military Spouse Support Group. The top section has a blue background with the text "Military Spouse Support Group" and "Facing PTSD Together". Below this is a white section with the text "Find Your AT EASE" and "What can you gain from having a 'tribe'?" followed by "T.R.I.B.E" and "Together Resiliency Inspires Brave Evolution". A list of benefits includes: "A safe environment to share and connect", "Support from like-minded people", "A deeper understanding of stress, trauma & PTSD", "Tools to manage your own stress", and "Information and resources". The poster also includes details about dates (August 3rd - August 25th), time (5:30 - 6:30 pm), location (Modern Work Bldg. 8790 F Street, 3rd Floor), RSVP deadline (August 1st), and contact information (531-247-4040 ext 2 or email gail@ateaseusa.org). It is facilitated by Gail F. Williams, a Licensed Mental Health Practitioner who is the daughter, wife, mother, and sister of military service members. There are also icons for "Snacks & Drinks Provided" and "Only 12 Spots Open".

Service Members, Veterans, and Their Families Technical Assistance Center

[SAMHSA's National Helpline](#)

[Main page content](#)

<https://www.samhsa.gov/smvf-ta-center>

- SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and [Spanish](#)) for individuals and families facing mental and/or substance use disorders.
- [Also visit the online treatment locator.](#)
-

[Frequently Asked Questions](#)

[Expand All](#) | [Collapse All](#)

SAMHSA's National Helpline, [1-800-662-HELP \(4357\)](#) (also known as the Treatment Referral Routing Service), or TTY: [1-800-487-4889](#) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

Also, visit the [online treatment locator](#), or send your zip code via text message: [435748](#) (HELP4U) to find help near you. Read more about the [HELP4U text messaging service](#).

<https://t.e2ma.net/message/m1dz6e/mx6qkxsb>

[Suggested Resources](#)

- [What Is Substance Abuse Treatment? A Booklet for Families](#)
- Created for family members of people with alcohol abuse or drug abuse problems. Answers questions about substance abuse, its symptoms, different types of treatment, and recovery. Addresses concerns of children of parents with substance use/abuse problems.
- [It's Not Your Fault \(NACoA\) \(PDF | 12 KB\)](#)
-
- Assures teens with parents who abuse alcohol or drugs that, "It's not your fault!" and that they are not alone. Encourages teens to seek emotional support from other adults, school counselors, and youth support groups such as Alateen, and provides a resource list.
- [After an Attempt: A Guide for Taking Care of Your Family Member After Treatment in the Emergency Department](#)
- Aids family members in coping with the aftermath of a relative's suicide attempt. Describes the emergency department treatment process, lists questions to ask about follow-up treatment, and describes how to reduce risk and ensure safety at home.
- [Family Therapy Can Help: For People in Recovery From Mental Illness or Addiction](#)
- Explores the role of family therapy in recovery from mental illness or substance abuse. Explains how family therapy sessions are run and who conducts them, describes a typical session, and provides information on its effectiveness in recovery.
- For additional resources, please visit the [SAMHSA Store](#).

[Visit the SAMHSA Facebook page](#) [Visit SAMHSA on Twitter](#)

[New Strategy Outlines Five Priorities for Reducing Military and Veteran Suicide](#)

<https://www.samhsa.gov/smvf-ta-center/news>

MISCELLANEOUS INFORMATION

[Veteran Population by State 2023](#)

<https://worldpopulationreview.com/state-rankings/veterans-by-state>

[This month's](#)

Extracted from

Nebraska Department of Veterans Affairs

<https://veterans.nebraska.gov/>

County Veterans Service Offices Directory (Updated 7/25/2023)

<https://veterans.nebraska.gov/cvso>

GARDEN COUNTY

Service Officer Daniel Nichols Cell (308) 289-2341 dnichols@keithcountyne.gov

Location Garden County Annex

619 Main St.

Mailing Address PO Box 350 Oshkosh, NE 69154

Hours 1ST & 3 RD TUESDAY ONLY 10:00 am to 2:00 pm

Website <http://www.gardencountyne.org/vets.html>

Also, CVSO for Keith and Arthur

GARFIELD COUNTY

Service Officer Tim Rowse (308) 346-4517 home timrowse@nctc.net

(308) 214-0076 cell

Location 1237 G St. Fax: (308) 346-4711

Mailing Address PO Box 122 Hours WEDNESDAY ONLY

Burwell, NE 68823 8 am to 5 pm (or by appointment)

Closed from noon to 1 pm

Website http://www.garfieldcounty.ne.gov/webpages/veterans_services/veterans_services.html

GOSPER COUNTY

Service Officer Vicki VonLoh (308) 785-8028 gospervcso@gmail.com

Fax: (308) 785-2300

Location Courthouse 507 Smith Ave, 1st Flr

Mailing Address PO Box 52 Elwood, NE 68937

Hours 1st, 2nd, & 3rd Tuesdays 9 am to 3 pm (or by appointment)

Closed from noon to 1 pm

Website http://www.co.gosper.ne.us/webpages/veterans_services/veterans_services.html

The Sandstone Formations In Nebraska's Toadstool Geologic Park Look Like Something

From Another Planet

You may think you know everything there is to know about the best destinations in Nebraska, but there are always new hidden gems to explore. Toadstool Geologic Park in western Nebraska is one of those places. There are plenty of native Nebraskans who still have no idea it exists! Take a little trip with us to look at the incredible otherworldly ancient rock formations that make up this fascinating attraction.

https://www.onlyinyourstate.com/nebraska/sandstone-formations-toadstool-park-ne/?eh_s2=09080a9ac3aa858a012c09590f0cd1f6eccc49a7f26c1cceb0ec5c0e0718457

Only in Your State

[Only In Your State® - Discover What's In Your Own Backyard](#)

Army Warrant Officer Definitions Over the Years

WARRANT OFFICER HISTORICAL FOUNDATION

(formerly Warrant Officers Heritage Foundation)

A Non-Profit 501 (c) (3) Public Charity

Preserving Army Warrant Officer History™

Founded May 29, 2003

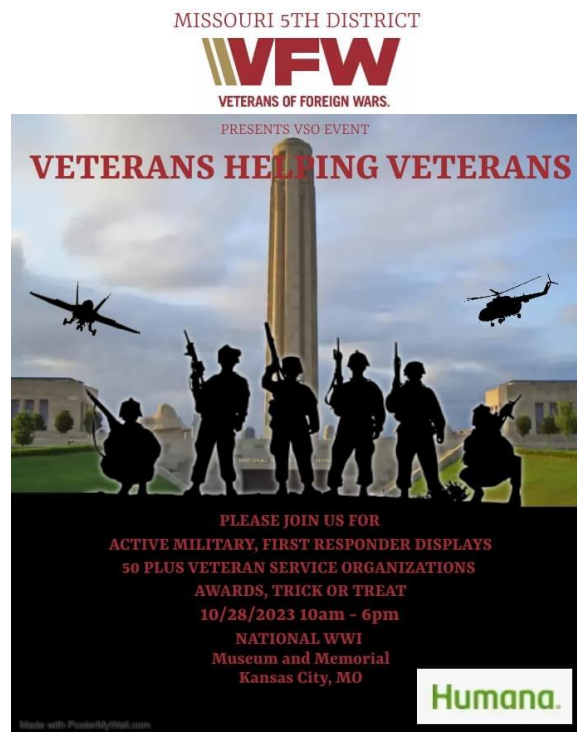
<https://warrantofficerhistory.org/ArmyWOdefined.htm>

This is a great effort by the 5th District of Missouri VFW.

It would be nice if Nebraska Veterans Service Organizations could do or advertise something similar. For all who have never visited the WWI museum in Kansas City, it is something you should put on your bucket list.

Google it and see what's on exhibit.

<https://www.facebook.com/groups/892530990908644/permalink/2358309087664153/?mibextid=W9rl1R>



[Liz Jordan](#)

[July 20 at 10:44 AM](#)

Hello my VFW is hosting a Veteran Organization Event at the [WWI museum](#), If any groups are interested in joining us, please email me at Roxiepic2@gmail.com or CDRDIST4@MOVFW.org. We are hoping to have as many Veteran Organizations join us to share with our Community what is out there for our fellow Veteran

U.S. Department of Veterans Affairs Women Veterans CWV -

Center for Women Veterans (CWV)

<https://www.va.gov/womenvet/>

Welcome, all women Veterans, family members, caregivers, and advocates! The Center for Women Veterans' (CWV) mission is to monitor and coordinate VA's administration of health care, benefits, services, and programs for women Veterans.

Center for Women Veterans (CWV) Research for Women Veterans

U.S. Department of Veterans Affairs CWV - News Update

U.S. Department of Veterans Affairs sent this bulletin at 06/20/2023 09:01 AM EDT

<https://content.govdelivery.com/accounts/USVA/bulletins/360f6b2>

<https://www.va.gov/womenvet/outreach/index.asp> Women Veterans Outreach

<https://www.va.gov/womenvet/outreach/index.asp>

Women Veterans NOT using your earned VA Benefits & Services, we would love to hear from you. Please take our survey; it takes 5 minutes and is anonymous.

<https://survey.voice.va.gov/?cwv-women-veterans>

[Participate in VA Research](#) | [VA Reports and Research](#) | [Special Volumes](#) | [PubMed.gov Resources](#)

VA does not endorse and is not responsible for the content of any external website links. These sites are provided for informational purposes only.

American Legion

Veterans Strengthen America

<https://www.legion.org/vsa>

[Videos Voices Strengthening America Tools you can use](#)

Our Mission

To enhance the well-being of America's veterans, their families, our military, and our communities by our devotion to mutual helpfulness.

A VETERAN IS A VETERAN - which means The American Legion embraces all current and former members of the military and endeavors to help them transition into their communities.

AMERICAN VALUES AND PATRIOTISM - which means The American Legion advocates for upholding and defending the United States Constitution, equal justice and opportunity for everyone and discrimination against no one, youth education, responsible citizenship, and honoring military service by observing and participating in memorial events.

FAMILY AND COMMUNITY ENGAGEMENT - which means The American Legion meets the unique needs of local communities.

ADVANCING THE VISION - which means The American Legion educates, mentors and leads new generations of Americans.

Read more, join [us](#)

VOICES OF THE LEGION "We have that duty and obligation to continue to serve as veterans.

[Visit Legiontown](#)

How This Little-Known Air Force Data Center Affects the Entire Military

July 7, 2023 | By [David Roza](#)

OFFUTT Air Force Base, Neb.—From the outside, it looks like any other U.S. government building, complete with brick walls, a glass facade, and an American flag out front. But the 557th Weather Wing headquarters here is more than brick and mortar. It is a nerve center that helps military commanders around the world answer one of their most important questions: what's the weather? "The level of customers that we have range all the way from the guys sitting out there in tanks to the guys in the Pentagon who need to know cloud coverage so they can see the ground" from space, Mike Thompson, a civilian cyber support technician with the 2nd Weather Support Squadron, a component of the 557th Weather Wing, told Air & Space Forces Magazine.

Forecasts produced by the 557th Weather Wing drive hurricane evacuation, survival, and rebuilding plans for commanders and emergency managers in the storm path; rain and snow forecasts impact soil moisture, which Army commanders use to plan mobility operations; analysis of turbulence and thunderstorms influence aviation route planning and fuel consumption rates; and reports on [unfavorable space weather](#) help commanders anticipate threats to satellite communications and GPS.

<https://tinyurl.com/yev8z7f9>

- [Air Warfare](#), [Congress](#), [Land Warfare](#), [Naval Warfare](#), [Pentagon](#)

10 questions Congress should ask incoming Joint Chiefs nominees

The congressional confirmation process offers US lawmakers, and through them the American public, the important chance to ask direct questions of the nation's military leaders about how they see threats abroad and weaknesses at home. In the op-ed below, AEI's John Ferrari highlights 10 (okay, 11) key questions that he says should be on senators' lips as the Joint Chief nominations come before them.

AEI's John Ferrari argues that lawmakers must hear from incoming service leaders on the assumptions they're making as they prepare for their new, highest-level jobs.

To date, the Senate has held a [hearing](#) for only one of these key positions: the commandant of the Marine Corps. As they prepare for the other hearings, here are 10 essential questions, with one bonus question, that the Senate should consider asking of each nominee.

<https://breakingdefense.com/2023/06/10-questions-congress-should-ask-incoming-joint-chiefs-nominees/>

About First Responders Foundation Mission

[About First Responders Foundation | Our Mission & More | Omaha](#)

The mission of the First Responders Foundation is to serve and honor all our First Responders, Veterans and their families; build appreciation and respect for their work; and enhance public safety. Our 2025 Vision:

- *By 2025, be an organization critical to the maintenance and enhancement of public safety in our communities. To serve as a recognized social impact organization supporting First Responders, Veterans, and Families.*
- *This will be accomplished by providing caring support to communities and offering tailored*

individual and family wellness programs and services for First Responders, Veterans and their families.

- By 2030 critical services will expand programs and services through Chapter representation in multiple states and national strategic collaborations and alliances.

Programming includes:

behavioral health services, physical fitness programs and classes, med management, and more to serve and honor first responders and their families. While the First Responders Foundation Headquarters is located in Omaha, Nebraska, first responders and their families across the United States are welcome to participate in programming and events. Programming is available in person or through telehealth, tel fitness, and behavior health sessions via Zoom and other virtual technology.



CENTER for
RURAL AFFAIRS

<https://www.cfra.org/small-towns?emci=bd1c0beb-bd2b-ee11-b8f0-00224832eb73&emdi=387a041c-c52b-ee11-b8f0-00224832eb73&ceid=3524086>

Small Towns

Rural communities hold the keys to survival in their own hands. With help from policies that build on their strengths as desirable places to live and raise families, they can thrive.

[Community Development](#)

[Food Systems](#)

[Native Communities](#)

[Women's Business Center](#)

[Farmers markets nourish rural communities](#)

[Staff Spotlight: Jillian works to make a difference by incorporating rural life into her career](#)

[Southwest Iowa farmers grow sustainable food, give back to community](#)

Offutt AFB PCS Pay-it-Forward®

<https://www.facebook.com/groups/pcsoffutt/>

About

We've all been there! Trying desperately to find a home for our families in Omaha. Now you can pay it forward!! Post a picture of any RENT signs you see. Please include the cross streets and zip code that the sign is located. We will also post a legitimate rental list once a week and tips on how to find your new home. Have questions? Just ask! We are never too busy to help!

Private

Only members can see who's in the group and what they post.

Visible

Anyone can find this group.<https://tinyurl.com/4a6e67aa>

EVENTS



GUARDIANS OF FREEDOM AIRSHOW

[August 26 & 27 | 9:30 am - 5 pm | Lincoln Airpark | FREE to attend | Premium seating is available | Parking is FREE](#)

The show begins at 11 am, however, we do not provide a schedule of the performances due to unpredictable weather conditions.

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free," "personalized," "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining"!

<https://www.lincolnairshow.com/2023-Performers-and-Statics>
<https://www.lincolnairshow.com/performers>

American Legion Riders



Register Now for the 2023 Nebraska Women Veterans Symposium

October 13-15, 2023

Holiday Inn and Convention Center

110 2nd Ave, Kearney, NE

This event is free (including meals) for women veterans and will include a wide range of presenters, special activities, recognition, and more. Our goal is to empower Nebraska's women veterans by:

<https://mailchi.mp/nebraska.gov/register-now-2023-nebraska-women-veterans-symposium?e=64def6304a>

U.S. Air Force Heartland of America BandCalendar

Made in America-Summer Concert Series

Showing events until 8/31. Look for more

Events are shown in the time zone: Central Time - ChicagoCalendar

<https://www.music.af.mil/Bands/US-Air-Force-Heartland-of-America-Band/Calendar/>

SUNDAY, NOVEMBER 12, 2023 AT 2 PM

2023 Lincoln Veterans Parade

Nebraska State Capitol

2023 Lincoln Veterans Parade

VETERANS IN BUSINESS

K street from S 21st to S 14th Street

Sunday, Nov. 12th at 2 PM

On Sunday afternoon, everyone is invited to line K Street to see so many great sponsors, businesses, organizations, vehicles, and people in salute to our American heroes. This year we are giving special recognition to our military veterans in the workforce as business leaders, entrepreneurs, or employees. Our heroes continue to move forward after service.

The parade will start at 2 PM on 21st and K Street, moving westbound to S 14th. The parade line will stop at the Capital Building for the opening ceremony. We have 2 stations along the route of radio hosts providing emcee support. The parade will have a Live TV and Streaming Broadcast of the entire event. Expecting to last 60 to 90 minutes.

Getting involved and helping others is not just in the military but is what Nebraskans do. Send a message or visit the website to find more information. From joining the Planning Committee, helping setup on parade day, or just posting a sign in the yard.

2023 VETERANS IN BUSINESS

This year's parade will be honoring veterans in business. 2021 saw one of the highest numbers of new business starts in the US – more than 5.4M. 10.7% of new business owners in 2021 were veterans. Veterans are playing a bigger role in driving the economy forward, translating military training to business success. Veterans are significantly more likely to start a business in Goods-Producing/Logistic sectors (construction, manufacturing, utilities, transportation, and warehousing) than all new business owners.

[#VeteransInBusiness](#) [#lincolnparade](#) [#LNKvets](#)

www.lincolnveteransparade.org



PURPLE HEART CAR SHOW
Saturday, August 5th, 2023 from 5-9 pm
Victory Lane Omaha - 204th & West Center Road

In Partnership with **DEPRECIATING ASSETS**

Come join us for Omaha's largest car show benefiting wounded veterans and their families.
ALL PROCEEDS BENEFITTING

WWFS
Wounded Warriors Family Support

LIVE MUSIC **The OutBack Band**
A Whole Lot of Country, A Whole Lot of Rock

KIDS WELCOME: FACE PAINTING - BALLOONS - GAMES

Open to ALL makes and models, ALL local clubs welcome.
Admission is FREE, however a Donation is appreciated.
A Donation is requested in lieu of Registration Fee,
Scan to donate or visit wwfs.org/PurpleHeartCarShow
ALL participating vehicles MUST be in place by 4:45
and are requested to stay until 9 pm for safety.
Questions: Please email carshow@wwfs.org

JAVIS-TACOS **WestEnd** **SQUARE DONUT**

SCAN TO DONATE



[at ease usa](https://ateaseusa.org/programs/)

<https://ateaseusa.org/programs/>

Providing PTSD services to those who serve

Programs

Contact us for help finding the program that's right for you.

Behavioral Health Services

Vets 4 Vets

Trauma-Informed Yoga

Dialectical Behavior Therapy (DBT) group

Peer Support Services

Military Spouse Support Group

Teen Talk Group

Events

<https://ateaseusa.org/events/>

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Nebraska Veterans Coalition

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