

Nebraska Veterans Coalition



Leading the way for Nebraska's Veterans

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A Volunteer Organization Bringing Awareness To Veteran's Issues

Volume 4, Issue 7 July 1, 2023, Newsletter

This is about us:

The Nebraska Veteran's Coalition

The Coalition has led the way in Nebraska since 2014 to persuade the Nebraska Unicameral to enact legislation designed to improve the lives of veterans, active-duty military personnel, and their families to attract and retain Veterans as a means of increasing the size of the Nebraska Work Force. We continue to follow Nebraska state and federal veteran-related legislation along with joining several veterans group Facebook pages. We provide considerable information to veterans on various topics and guide them toward agencies that can help them.

If you are not already a member of our group of over 5,000 friends, please check us out on Facebook (Nebraska Veterans Coalition) and 'Friend' us. We also have a Twitter account - @VetsCoalitionNE. The Grapevine containing both Nebraska and National News and links to websites of interest to veterans. <http://www.nebraskaveterans.org/>,

We are members of a program for the Nebraska Governor's Challenge managed by the Nebraska Department of Veterans Affairs. The Governor's Challenge has many states and territories participating in the challenge. They are working to develop and implement state-wide suicide prevention best practices for SMVF, using a public health approach. SAMHSA has partnered with the United States Department of Veterans Affairs (VA) ([See Governors Challenge Section Below](#))

Our mission statement can be found on our Facebook and website
We do not ask for, solicit, or accept funding/donations for our efforts.

Find this on our website

Join our
Newsletter



Find our
Website



[Open To America's#1 Veterans Magazine](#)

[The Grapevine](#)

[Click on Publication of Your Choice](#)

<https://veteransgrapevine.com/>

Find the previous Nebraska Veterans Coalition Newsletters here



[Nebraska Department of Veterans' Affairs](#)

<https://veterans.nebraska.gov/>

[Benefits and Services Overview](#)

Part of our mission is to help veterans identify and access benefits. There is a wide range of county, state, and federal benefits related to education, employment, finance, health care, housing, legal assistance, recreation, taxes, and more. Use our Benefits Expert to help guide you to the benefits you're interested in or learn about some of the most-used benefits. If you have additional questions, don't hesitate to contact your County

Veterans' Service Officer or a State Service Officer.

[Nebraska Veterans' Gateway](#)

Welcome to your gateway to career and employment resources for Nebraska veterans. We've gathered resources and tools to help shine the way for veterans and their families to find meaningful employment, receive training and education, and get assistance transitioning from military service to civilian life.

[Nebraska Veterans' Homes](#)

[Our Homes](#)

Nebraska's state veterans' homes offer top-of-the-line domiciliary, intermediate, and skilled nursing care for the men and women who have served our country, as well as eligible family members. The four homes are located in Bellevue, Norfolk, Kearney, and Scottsbluff to provide care to veterans across the state. Click on the homes below to learn more about them. Our homes offer top-of-the-line health services, a range of recreational activities, friendly communities for veterans and their families, and so much more. Click here to view our State of Nebraska Veterans' Homes brochure.

[Military & Veterans' Registry Application](#)

Applicants must submit a DD-214 or NGB-22 indicating the length and character of services.

- If the name of the DD-214 is different from the veteran's current legal name, documentation of the name change is required.
- If you are currently on active duty, please provide a military ID card. This does not include retirement ID cards or VA service cards.

A paper application is available if you prefer to mail in your application. Download Paper Application

[News & Events](#)

<https://veterans.nebraska.gov/news>

Other VA social media:

[U.S. Department of Veterans Affairs](#) [U.S. Department of Veterans Affairs](#) [Nebraska Western Iowa Health Care System](#)
[Nebraska Western Iowa Health Care System](#)

Social media

NDVA Twitter https://twitter.com/NEVetsAffairs?ref_src=twsrc%5Etfw

NDVA Facebook: <https://www.facebook.com/VeteransAffairs/>

VA Nebraska Western Iowa Health Care System <https://www.facebook.com/NebraskaIowaVA/>

[2023 Nebraska Military & Veterans Legislation
Bill Tracker](https://veterans.nebraska.gov/legislative-issues)
<https://veterans.nebraska.gov/legislative-issues>

This is NDVA's final Veterans Legislative Update for the 2023 Session.
<https://veterans.nebraska.gov/legislative-issues>



Dear Dean,

In our mission to create a more prosperous Nebraska, we've been fortunate to secure some transformative victories, thanks to our collective efforts and your continued support. These triumphs are milestones on our shared journey toward a future of economic freedom and a more favorable environment for individuals and businesses alike.

From championing comprehensive income and property tax reform to the implementation of Nebraska's first regulatory sandbox law, we're nurturing an ecosystem that invites growth and innovation. We've amplified transparency in our legislative process, enabling every Nebraskan to engage more fully with the democratic proceedings that shape our state's future.

Perhaps most heartening of all is our concerted effort to safeguard property rights for Nebraskans, a major victory against home equity theft that ensures fair treatment and protection from unfair property seizures. These are the cornerstones of our advocacy at the Platte Institute, milestones we're deeply proud to have achieved.

In a testament to this hard work on tax reform, the Platte Institute has been nominated for the prestigious Bob Williams Award for Outstanding Policy Achievement from the State Policy Network (SPN), in the category of biggest state win. Named in honor of one of our network's most iconic policy mavens, Bob Williams, this award celebrates state think tanks producing exceptional work to develop and disseminate credible policy research and ideas. The aim? To help states implement free-market solutions with the potential for national impact.

Should we be honored with this award at SPN's Annual Meeting in Chicago later this year, it would be a proud moment not just for the Platte Institute, but for all of us focused on creating a more prosperous Nebraska. But even the nomination itself is a powerful validation of the progress we are making together. Yet, our journey towards economic freedom continues. These victories, the recognition from our peers, and the amazing engagement we experience through this very weekly email, all serve as a powerful encouragement to press forward. And to do that, we need your support.

As a non-profit organization, we rely on the generosity of individuals who believe in our mission and vision. Your tax-deductible contribution supports our ongoing research, advocacy, and educational activities, empowering us to shape Nebraska's policy landscape and the national discourse on free-market solutions. When you become a donor, you will also receive our quarterly magazine, CURRENT. This magazine offers exclusive insights from the Platte Institute team and is just one of the ways your donation helps us continue our vital work.

Your support goes beyond just funding. It is a vote of confidence in our mission, a reinforcement of our shared values, and an investment in the future prosperity of our state. It enables us to keep our work cutting-edge, our engagement high, and our momentum moving forward.

Please consider making a tax-deductible donation today. Your contribution will play an immediate, impactful role in our work, helping to keep Nebraska on the path of economic freedom and prosperity. Here's a link to the donate page on our website: <https://platteinstitute.org/donate/platte-institute/>.

Thank you for standing with us. Our shared achievements are a testament to the power of our partnership and the dedication of Nebraskans like you.

Thanks for reading,

Jim Vokal, CEO of the Platte Institute and host of [Nebraskanomics](#).

□ It's time to stop the status quo. Let's remove economic barriers and make Nebraskans proud.

Senator Tom Brewer
43rd District
6-2-2023

Yesterday the first of June the Nebraska Legislature adjourned "sine die." The Latin words mean "without day." In plain English it means the first session of the 108th Legislature has ended. This completes my

seventh session as a state senator. The next session will be my last.

The best part of this session actually started last November on Election Day. Conservative Senators in the new freshman class have made a huge and decisive difference like no freshman class in recent memory. For the previous five sessions, senators on the left side of the political isle have been able to put at least seventeen red lights on the board. This prevents reaching the 33 yes votes needed to pass a cloture motion to end a filibuster. The last election delivered several new conservative senators to the body. The new freshmen class broke the gridlock. Bills we have been trying to pass for nearly a decade finally had the needed votes. Like President Obama said, "Elections have consequences."

That said, people that have been working in the legislature for nearly fifty years have never seen a session like this one. The amount of filibustering was unprecedented. The behavior of some members of the public was disgraceful. No one can remember the last time someone was arrested in the capitol, or threw things from the balcony onto the senators below. This session showed us a major overhaul is needed for our rules that govern debate. It tested the patience of every senator. It also gave the legislative staff, many of them in their first session, a workout with many late nights and early mornings generating thousands of motions and amendments.

I will be writing in more detail about all the accomplishments we achieved this session, but here is a brief list.

The budget we passed includes only a 2% increase despite historic 40-year high inflation in Nebraska. We put money aside to build a new prison. We are exercising Nebraska's South Platte River water rights with the State of Colorado and have set aside funding to build the Perkins County Canal. After a lengthy and emotional debate, we banned abortion after 12 weeks (instead of the current 20 weeks) We passed a law that bans transgender surgeries for minors. We became the 49th State to finally enact a school choice law that creates scholarships for poor children to attend private schools. We passed a package of bills that delivers billions of dollars of permanent property tax relief. We enacted big cuts in income taxes slashing the rate from 6.8 to 3.9% saving Nebraskans almost a billion dollars a year. We eliminated taxes on Social Security income, and created a child care tax credit for families. This package of tax cuts takes Nebraska from the bottom half of states into the top 15 nationally. Another bill that has been worked on for years to greatly expand the use of ethanol in Nebraska was finally passed. The Governor created a new broadband office and the legislature enacted a law that will provide rural under-served communities with new opportunities for high-speed internet expansion. This bill also banned the use of technology from firms controlled by the Chinese Communist Party. We finally had the votes to repeal the motorcycle helmet law in Nebraska. I was proud to lead the effort to pass two pieces of landmark legislation this session, the constitutional carry gun rights bill, and the voter ID bill.

The last time the Nebraska legislature produced this many outstanding achievements in one session, I think I was a second lieutenant in the infantry. I will write more about them over the summer.

Please contact my office with any comments, questions or concerns. Email me at; tbrewer@leg.ne.gov. Mail a letter to; Sen. Tom Brewer, Room #1423, P.O. Box 94604, Lincoln, NE 68509 or call us at (402) 471-2628.



CENTER for
RURAL AFFAIRS

This is the second installation of our "Farm Bill Bulletin" series, which provides intermittent updates on the development and status of our nation's next farm bill. To read the first segment, which includes an overview of the farm bill process, [click here](#). While there is debate about when the next farm bill will be finalized, one thing is certain—farm bill discussions are in full swing in Washington, D.C. Earlier this month, lawmakers reached an agreement to suspend the debt ceiling, allowing them to refocus their efforts on writing the next farm bill.

One topic up for debate is meat processing. At the Center for Rural Affairs, we take particular interest in small meat processors—the local lockers and businesses that are staples on main streets across the country. Small meat processors provide important services to farmers, ranchers, consumers, and rural communities. Yet the challenges they face, including limited processing capacity and workforce, are significant.

In recent years, the Center has worked with lawmakers in Nebraska and Iowa to establish grant programs and other provisions to support small processors. In 2023, we were proud to take our efforts a step further and began offering loans to independent meat processors. Thanks to a Meat and Poultry Intermediary Lending Program (MPILP) grant from the U.S. Department of Agriculture (USDA), small processors have access to \$15 million in loan capital through the Center for the next three years.

At the federal level, farm bill negotiations have the potential to positively impact small meat processors and keep programs like MPILP strong. A number of marker bills relating to small meat processing have been introduced this year.

[Click here](#) to read about the bills being monitored by our staff.

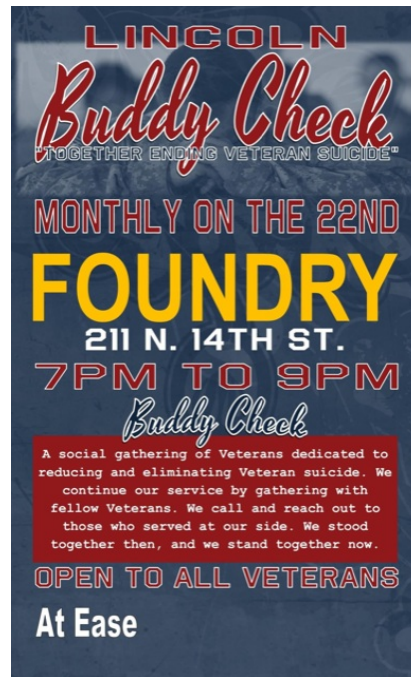
If you have any questions or would like to share the rural issues that are important to you, do not hesitate to reach out to me at kateh@cfra.org or 515.215.1294.

Sincerely,

Kate Hansen

Senior Policy Associate

HEALTH CARE



[VA](#) » [Health Care](#) » [Geriatrics and Extended Care](#) » Medical Foster Homes

Geriatrics and Extended Care

What is a Medical Foster Home?

Medical Foster Homes are private homes in which a trained caregiver provides services to a few individuals. Some, but not all, residents are Veterans. A Medical Foster Home can serve as an alternative to a nursing home. It may be appropriate for Veterans who require nursing home care but prefer a non-institutional setting with fewer residents.

Medical Foster Homes are private residences where the caregiver and relief caregivers provide care and supervision 24 hours a day, 7 days a week. This caregiver can help the Veteran carry out activities of daily living, such as bathing and getting dressed. VA ensures that the caregiver is well trained to provide VA planned care. While living in a Medical Foster Home, Veterans receive Home Based Primary Care.

VA Medical Centers with Medical Foster Home programs

This list includes the VA Medical Centers currently operating a Medical Foster Home program. However, many facilities are in various stages of development of their own programs. Please reach out to your VA social worker to inquire about when a Medical Foster Home will be available at your local facility.

Medical Foster Home in the News

Southern Living: [Foster Families for Veterans Keep America's Heroes in the Homes They Deserve](#)

People Magazine: [Indiana Family of Eight Fosters Three Veterans Who Are Disabled: 'We're One Big Family Now'](#)

Are you interested in becoming a Medical Foster Home?

If you are interested in becoming a Medical Foster Home (MFH) Caregiver, review the [Medical Foster Home Checklist](#) for more information, then reach out to your local MFH Coordinator.

MORE:

https://www.va.gov/geriatrics/pages/Medical_Foster_Homes.asp

Veteran suicide prevention

If you're a Veteran in a mental health crisis and you're thinking about hurting yourself—or you know a Veteran who's considering this—get help right away. You're not alone.

How do I talk to someone right now?

If you're a Veteran in crisis or concerned about one, connect with our caring, qualified Veterans Crisis Line responders for confidential help. Many of them are Veterans themselves. This service is private, free, and available 24/7.

The Year of the Caregiver:

A Nationwide Update on the Veterans Affairs Caregiver Support Program

In a recent address to caregivers, Dr. Colleen Richardson, the Executive Director of the Department of Veterans Affairs (VA) Caregiver Support Program (CSP), provided a comprehensive update on the program's initiatives. Under the theme "The Year of the Caregiver," CSP is dedicated to promoting the health and well-being of caregivers across the nation.

CSP's Commitment to Caregivers:

- The Year of the Caregiver aims to enhance the support provided to caregivers by introducing new strategies and best-in-care practices.
- Dr. Richardson discussed the progress made in the [Program of General Caregiver Support Services](#) and the [Program of Comprehensive Assistance for Family Caregivers](#) by sharing program updates and highlighting their role in improving caregiver support.
- Recognizing the significance of on-the-ground engagement, CSP is actively conducting site visits and listening sessions at local VA facilities. These visits serve as opportunities to connect with caregivers and Veterans, gaining valuable insights into their unique challenges and needs. By leveraging these interactions, CSP aims to advance and tailor its support offerings accordingly.
- Dr. Richardson also highlighted the commitment of CSP staff to push the boundaries and adopt best-in-class strategies in caregiver support. By constantly refining practices and exploring innovative approaches, CSP aims to provide caregivers with the highest quality care and support possible.

The nationwide address concluded with a question-and-answer session, so make sure you watch until the end. <https://www.youtube.com/watch?v=D7EmNJh7SuQ>

About the Caregiver Support Program

The Caregiver Support Program promotes the health and well-being of Veterans Caregivers through education, resources, support, and services. Visit [CSP's website](#) to learn more.

To learn about CSP and certain aspects of the program, take a look at our [Podcast with VA SITREP](#).

VA » Health Care » VA Caregiver Support Program **PCAFC Phase II Expansion!** <https://www.caregiver.va.gov/>
VA has expanded PCAFC to eligible Veterans of all service eras, as of October 1, 2022.

The Department of Veteran Affairs (VA) Caregiver Support Program (CSP) offers clinical services to caregivers of eligible and covered Veterans enrolled in the VA health care system. The program's mission is to promote the health and well-being of family caregivers who care for our Nation's Veterans, through education, resources, support, and services. There is a CSP team [CSP Team Locator](#) located at every [VA facilities](#).

Service Members, Veterans, and Their Families Technical Assistance Center

[SAMHSA's National Helpline](#)

[Main page content](#)

<https://www.samhsa.gov/smvf-ta-center>

- SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and [Spanish](#)) for individuals and families facing mental and/or substance use disorders.
- [Also visit the online treatment locator.](#)
-

[Frequently Asked Questions](#)

[Expand All](#) | [Collapse All](#)

SAMHSA's National Helpline, [1-800-662-HELP \(4357\)](tel:1-800-662-HELP) (also known as the Treatment Referral Routing Service), or TTY: [1-800-487-4889](tel:1-800-487-4889) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

Also, visit the [online treatment locator](#), or send your zip code via text message: [435748](tel:435748) (HELP4U) to find help near you. Read more about the [HELP4U text messaging service](#).

Suggested Resources

- [What Is Substance Abuse Treatment? A Booklet for Families](#)
- Created for family members of people with alcohol abuse or drug abuse problems. Answers questions about substance abuse, its symptoms, different types of treatment, and recovery. Addresses concerns of children of parents with substance use/abuse problems.
- [It's Not Your Fault \(NACoA\) \(PDF | 12 KB\)](#)
-
- Assures teens with parents who abuse alcohol or drugs that, "It's not your fault!" and that they are not alone. Encourages teens to seek emotional support from other adults, school counselors, and youth support groups such as Alateen, and provides a resource list.
- [After an Attempt: A Guide for Taking Care of Your Family Member After Treatment in the Emergency Department](#)
- Aids family members in coping with the aftermath of a relative's suicide attempt. Describes the emergency department treatment process, lists questions to ask about follow-up treatment, and describes how to reduce risk and ensure safety at home.
- [Family Therapy Can Help: For People in Recovery From Mental Illness or Addiction](#)
- Explores the role of family therapy in recovery from mental illness or substance abuse. Explains how family therapy sessions are run and who conducts them, describes a typical session, and provides information on its effectiveness in recovery.
- For additional resources, please visit the [SAMHSA Store](#).

[Visit the SAMHSA Facebook page](#) [Visit SAMHSA on Twitter](#)

[New Strategy Outlines Five Priorities for Reducing Military and Veteran Suicide](#)

<https://www.samhsa.gov/smvf-ta-center/news>

Today is PTSD Screening Day

Veterans Health Administration sent this bulletin 06/27/2023 at 10:05 AM EDT

, a day we mark to spread the word about self-screening. If you think you may have PTSD, [take our self-screen](#).

Taking a self-screen can be a good way to start a conversation with your healthcare provider. You can print your results to share with a provider to help them decide whether you should be assessed for PTSD or other conditions.

If you think you might have PTSD, you're not alone. With only five questions, the self-screen is quick and easy to take. Your responses are private and are not collected or shared. There are PTSD treatments that work. So, why wait?

If you are concerned that someone you care about might have PTSD, do not take the self-screen for them — please [share this email](#) with them instead.

MORE:

<https://content.govdelivery.com/accounts/USVHA/bulletins/35b8869>

[Anger and Irritability Management Skills](#)

[VA](#) » [Health Care](#) » [Veteran Training](#)

<https://www.veterantraining.va.gov/aims/index.asp>

Anger management is taught at [VA Clinics](#) and [Vet Centers](#). The VA also developed the [AIMS](#) (Anger and Irritability Management Skills training) to help Veterans get along better with people, control reactions to irritating events, and avoid the negative consequences of becoming too angry.

At home, family members curb angry exchanges by communicating with love and respect, rather than impatience and sarcasm. Listen, don't talk over or interrupt. Make an appointment to talk about a specific issue and agree on a time and place. Use ["I" messages](#), and Keep It Short and Simple, one topic per sentence. Know when to back off and give your Veteran some space.

[Coaching Into Care](#) can help loved ones of Veterans identify what they are doing that works well and where they may need some additional support so they have successful conversations with their Veterans about seeking mental health treatment. Call us at (888) 823-7458.

Please call the National Domestic Violence [Hotline](#) for anger that has become abusive.

Are you looking for help in encouraging a Veteran to get support or mental health care? Call [888-823-7458](tel:888-823-7458)

About Coaching Into Care <https://www.mirecc.va.gov/coaching/>

[VA](#) » [Health Care](#) » [MIRECC / CoE](#) » [Coaching into Care](#) » Coaching Into Care | When a Veteran you know needs help

Coaching Into Care is a free service for families and friends of Veterans. Our responders will briefly assess your concerns and provide appropriate resources and referrals. Through 10 to 30 minute calls, licensed

psychologists and social workers offer guidance and help for starting conversations with the Veteran in your life about their mental health or substance use and motivating them to seek treatment if it's needed. Call us: [888-823-7458](tel:888-823-7458). Take look at a video that describes our service. <https://www.veterantraining.va.gov/aims/index.asp>

Veterans Benefits Newsletter | June 2023

<https://content.govdelivery.com/accounts/USVAVBA/bulletins/35ddfbb>

Aid & Attendance for Qualified Veterans

VA Aid and Attendance or Housebound benefits provide tax-free monthly payments added to the amount of a monthly VA pension. **MORE** [Link at top](#)

PTSD Disability Benefits

[Posttraumatic stress disorder \(PTSD\)](#) can occur after exposure to extreme stress, such as combat, an assault, or a disaster. **MORE:** [Link at top](#)

Disability Housing Grants for Veterans

VA housing grants are available for Veterans and service members with certain service-connected disabilities. **MORE:** [Link at top](#)

Refill Your Rx on VA Mobile App

Download VA's Health and Benefits mobile app to easily access the resources you need. Veterans can now [request refills and track their prescriptions using the VA Health and Benefits app](#). **MORE:** [Link at top](#)

New Separation Health Assessment Form

When transitioning out of the military, service members have been required to complete a Department of Defense (DoD) health assessment. **MORE:** [Link at top](#)

Temporary Disability Rating After Surgery

Are you recovering from surgery, or a disability related to your military service that has left you unable to move? **MORE:** [Link at top](#)

Lower Interest Rates for Native American Veterans

VA has lowered the interest rate for VA [Native American Direct Loans \(NADL\)](#) from 6% to 2.5%, making access to housing loans more affordable for Native American Veterans. **MORE:** [Link at top](#)

News | June 16, 2023

TRICARE Tips To Protect Yourself From Ticks

By TRICARE Communications

FALLS CHURCH, Va. – Is your family planning to spend more time outdoors this summer? As the weather gets warmer, keep ticks in mind. Since ticks are more active as temperatures rise, the chances of finding a tick on you, your family members, or pets increase in the summer months.

[Lyme disease](#) is one of the most widely known illnesses associated with ticks. Healthcare providers diagnose and treat an estimated [476,000 Americans](#) for Lyme disease each year, says the Centers for Disease Control and Prevention (CDC). Learn [simple steps](#) you can take to protect yourself from ticks.

MORE: <https://newsroom.tricare.mil/News/TRICARE-News/Article/3430819/tricare-tips-to-protect-yourself-from-ticks>

Q&A: Does TRICARE Cover Care When Traveling Overseas?

TRICARE Communications sent this bulletin at 06/06/2023 01:56 PM EDT

June 6, 2023

Exploring different countries and cultures is exciting. But as you plan your trip, you may have some questions about what coverage TRICARE offers when you travel overseas.

These questions and answers will help you prepare for your trip and learn how to get health care overseas if you need it.

<https://content.govdelivery.com/accounts/USMHSTMA/bulletins/35e8d59>



VA health care news you can use

There's a lot going on in VA health care. Here are some of our latest stories about Veterans and for Veterans. Find out [how to apply for VA health care benefits](#)

Get eye care services from the comfort of your home

Veterans Health Administration sent this bulletin at 06/01/2023 05:30 PM EDT

<https://content.govdelivery.com/accounts/USVHA/bulletins/35da251>

June Is PTSD Awareness Month

For Immediate Release: 6/12/2023

MEDIA CONTACT

Alycia Davis, (531) 249-8079,

alycia.davis@nebraska.gov

Lincoln – Throughout the month of June, the Department of Health and Human Services recognizes the importance of spreading awareness and resources related to Post-Traumatic Stress Disorder (PTSD). PTSD is a mental health challenge that can impact any individual of any age after experiencing or witnessing a traumatic or life-threatening event. A traumatic event might be physical violence, military combat, natural disasters, or a severe accident. According to a survey done by the [U.S. Department of Veterans Affairs](#), approximately 6% of the population in the United States will experience PTSD at some point during their lives. About eight of every 100 women (or 8%) and four of every 100 men (or 4%) will experience PTSD at some point during their life. In 2020, about 13 million Americans experienced PTSD.

"Any individual of any age can be affected by symptoms of PTSD," said Interim Director of Behavioral Health Tony Green. "Whether you are a veteran or civilian survivor of a serious accident, natural disaster, or other traumatic event, know that effective treatment is available and can lead to a better quality of life."

While it is true that veterans are more likely to experience symptoms of PTSD, it is still possible for any individual who goes through a traumatic or life-threatening event to experience PTSD. It can range from relatively mild to causing serious challenges in day-to-day life. It may disrupt your relationships, cause problems at work, or leave you feeling anxious, depressed, angry, and isolated. The good news is that it's treatable using various therapy techniques and medications. Individuals who experience PTSD symptoms can learn to cope with and resolve some of the symptoms. It is critical to recognize the significant effects that trauma can have on the body both physically and mentally. If you suspect that you might be experiencing PTSD, you are not alone. There is hope and there is help.

Signs of PTSD:

- Mental or physical discomfort when reminded of the event.
- Flashbacks, in which it feels as if the event is occurring over and over.
- Frequent nightmares about the event.
- Difficulty remembering the traumatic event and avoiding reminders of the experience, such as places, people, and objects.

[June is PTSD Awareness Month](#)

MISCELLANEOUS INFORMATION

At Ease USA Offers Self-Defense Classes

Brazilian Jiu-Jitsu originated as the ultimate form of self-defense. It's the very reason why the founders (the Gracie family) created the Ultimate Fighting Championship. Your instructor, Jason Minor, is a 20-year Air Force veteran and black belt in Brazilian Jiu-Jitsu. He has trained extensively under the original Ultimate Fighting Champion—and the world's leading self-defense expert—Royce Gracie. Jason will be assisted by two of his training partners Jennifer Herber and Nikki Fernandez.

In this class, you will learn proven self-defense skills and strategies. Jason will empower you to be proactive in order to prevent predatory assaults. In the unfortunate and rare event of an assault, he will also provide you with a plan of action, and several essential techniques, to successfully defend yourself and get away.

Here are 6 questions that this class will answer:

- What is a "predator?"
- What is "victim potential?"
- What is a predator's worst fear?
- What are the "Three Levels" of self-defense?

- What is the core strategy behind each level?
- What are techniques which can be applied for each level?

Sunday Afternoons-- 12:00- 1:30 pm
April 23, May 21, June 25, July 23, and August 27

To Register

Contact: Beth Kramer (531) 247-4040 or beth@ateaseusa.org

At Ease 10605 Burt Circle, Omaha NE

Veteran Population by State 2023

<https://worldpopulationreview.com/state-rankings/veterans-by-state>



Team Red, White & Blue (Team RWB)

America's Leading Health & Wellness Community for Veterans

In the military, service members push the limits of their well-being to support the mission. That selfless service posture has always been necessary because service members of every era knew they may be called to war. As they move into civilian life, many veterans carry that mission-first mindset with them, neglecting their health in the process.

We believe that veterans are America's most resilient citizens — and it's time for more veterans to prioritize their well-being first.

Team Red, White & Blue (Team RWB) exists to guide them through that journey with real-life and virtual opportunities focused on building a healthier lifestyle because a strong focus on mental and physical health is critical to ensuring veterans' best days are ahead.

More than 200,000 members are already forging the nation's leading health and wellness community for veterans. Will you join the team?

<https://about.teamrwb.org/mission>

About First Responders Foundation Mission

The mission of the First Responders Foundation is to serve and honor all our First Responders, Veterans, and their families; build appreciation and respect for their work; and enhance public safety.

Vision

Our 2025 Vision:

- By 2025, be an organization critical to the maintenance and enhancement of public safety in our communities. To serve as a recognized social impact organization supporting First Responders, **Veterans, and Families.**
- This will be accomplished by providing caring support to communities and offering tailored individual and family wellness programs and services for First Responders, **Veterans, and their families.**
- By 2030 critical services will expand programs and services through Chapter representation in multiple states and national strategic collaborations and alliances.

PROGRAMS

First Responders Support Team (FRST); JAVELAN; Physical Health / Fitness ; Support Blue;

National Society of St. Florian and St. Michael ; Home Safety Program ; Animal Heroes;

Awards of Excellence; Tri-County Fire Corps; Support Red; Masks for Many

Behavioral Health

Clinical Services

Behavioral health services are available for all first responders to include, fire, police EMS, dispatch, corrections, **and military (including vets).** We also serve medical personnel and their families. Services is also available to significant others, partners, and family members of first responders.

Services are available on-site (in-person) and via telehealth throughout Nebraska. The behavioral health staff also serves Iowa residents.

Specialties

Our therapists specialize in dealing with a variety of issues such as, acute trauma, post-traumatic stress, trauma, anxiety, depression, sexual addiction, substance use, co-occurring disorders and significant persistent mental illness. Modalities used: Eye Movement Desensitization and Reprocessing (EMDR), Brainspotting, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and Cognitive Processing Therapy.

- **Cost:** All services are billed to private insurance, covered by workman's compensation, or private pay. If there is a situation where someone is not able to afford counseling services there are grants and donor funding that may cover the cost of services so please do not let this deter you from receiving help.

Contact Us

If you would like more information about the First Responders Foundation, sponsorship opportunities, or volunteer opportunities, please contact us.

[402-218-1234](tel:402-218-1234) Headquarters

[712-242-6926](tel:712-242-6926) Iowa Location

- contact@FirstRespondersFoundation.org

<https://firstrespondersfoundation.org/>



CENTER for
RURAL AFFAIRS

Iowa farmers take steps to improve water quality, but work remains

By [Cynthia Farmer](#) on June 16, 2023

Policy

In 2013, Iowa leaders, experts, and stakeholders came together to create a plan to prioritize water quality with the goal of reducing harmful nutrients in water from various sources.

A decade later, we can celebrate the work that has been accomplished with the Iowa Nutrient Reduction Strategy (NRS) but also acknowledge there is more work to do.

On the positive side, newly updated data from the Iowa Department of Agriculture and Land Stewardship (IDALS), Iowa State University, and the Iowa Department of Natural Resources shows an increase in water quality efforts statewide. Agricultural land in cover crops, for example, has increased from nearly 10,000 acres to more than 2.8 million. Of the state's corn or corn/soybean acres, this represents more than 13% in cover crops. However, this falls short of the goals outlined in the NRS.

State agencies and collaborators continue to take steps to move the needle. In recent weeks, IDALS announced the availability of cost-share funding through the Iowa Water Quality Initiative (WQI) for farmers implementing practices to improve water quality and reduce nutrient runoff from their land. Practices like cover crops, no-till, and strip-till qualify for these funds.

Applying for cost-share funds is an effective way to offset the costs associated with implementing conservation practices. For instance, a farmer planting cover crops for the first time can receive \$25 per acre through the WQI. Farmers are encouraged to visit their local Soil and Water Conservation District offices to submit applications immediately, as funds will be available as early as July.

Every acre, practice, and advancement represents an investment in Iowa's future.

<https://www.cfra.org/?emci=b221ac00-f409-ee11-907c-00224832eb73&emdi=0e1e39fe-aa0a-ee11-907c-00224832eb73&ceid=3524086>

Seeing investments in small businesses firsthand 'incredibly exciting' for USDA official

Rural America has been working hard to supply the rest of the country with many of the resources taken for granted—energy, food, and fiber. In a recent visit to Schuyler, Nebraska, Xochitl Torres Small, the U.S. Department of Agriculture's undersecretary for rural development, visited with small business owners, Center Staff, and the Schuyler Chamber of Commerce. She saw firsthand how USDA Rural Development programs, specifically small business technical assistance, and loans through the Center, are helping rural communities.

[Learn more about her visit.](#) [Conozca más sobre su visita aquí.](#)

This month's

FEATURED COUNTY VETERAN SERVICE OFFICER INFORMATION

Extracted from

Nebraska Department of Veterans Affairs

<https://veterans.nebraska.gov/>

County Veterans Service Offices Directory (Updated 6/22/2023)

<https://veterans.nebraska.gov/cvso>

Service Officer Steve Zerr (308) 324-3041 steve.zerr@dawsoncountyny.org
Assistant Mark Wigstone Fax: (308) 324-9839 mark.wigstone@dawsoncountyny.org
Locations Courthouse, Ground Floor Room V
Toll Free: (844) 387-8387
Mailing Address 700 N Washington, Lexington, NE 68850
Hours Monday - Friday
8:00 a.m. – 5:00 p.m.
Closed 12:00 p.m.-1:00 p.m.
Website https://co.frontier.ne.us/webpages/veterans_services/veterans_services.html
Also, CVSO for Dawson County

FURNAS COUNTY

Service Officer: Michael Simmonds (308) 345-2385 vso4838@redwillowcountyny.gov
Secretary Vicky Leibbrandt Fax: (308) 345-4460
Location 322 Norris Ave #3, McCook, NE
Mailing Address 322 Norris Ave #3 McCook, NE 69001
Hours Monday – Friday 8 am to 3 pm
Website http://www.furnascounty.ne.gov/webpages/veterans_services/veterans_services.html
Also, CVSO for Red Willow County

GAGE COUNTY

Service Officer Scott Bates (402) 223-1342 scott.bates@gagecountynebraska.us
Assistant Shirley Petersen Fax: (402) 228-2056 shirley.petersen@gagecountynebraska.us
Mailing Address 619 N. 7th St. Beatrice, NE 68310
Hours Monday – Friday
8 am to 5 pm
Closed noon to 1 pm
Website http://www.gagecountynebraska.us/webpages/veterans_services/veterans_services.htm

U.S. Department of Veterans Affairs Women Veterans CWV -

Center for Women Veterans (CWV)

<https://www.va.gov/womenvet/>

Welcome, all women Veterans, family members, caregivers, and advocates! The Center for Women Veterans' (CWV) mission is to monitor and coordinate VA's administration of health care, benefits, services, and programs for women Veterans. We serve as an advocate for cultural transformation and to raise awareness of the responsibility to treat women Veterans with dignity and respect to #BringWomenVeteransHome2VA. Today's VA is focused on the needs of women Veterans and cultural transformation. We aim to provide an environment free from harassment. VA has introduced White Ribbon, a national call to action to eliminate sexual harassment, sexual assault, and domestic violence. VA Secretary McDonough is making accountability of those who commit harassment or sexual assault an important part of creating a culture that is free from harassment and sexual assault, without fear of retaliation.

We are women Veterans proud to serve our sister Veterans and those who serve them. Stay in touch, sign up for email, and follow us on Facebook and Twitter @VAWomenVets. We share information on benefits

Center for Women Veterans (CWV) Research for Women Veterans

U.S. Department of Veterans Affairs CWV - News Update

U.S. Department of Veterans Affairs sent this bulletin at 06/20/2023 09:01 AM EDT
<https://content.govdelivery.com/accounts/USVA/bulletins/360f6b2>

Women Veterans Outreach

<https://www.va.gov/womenvet/outreach/index.asp>

U.S. Department of Veterans Affairs CWV - News Update

We want to hear from women who have served in the military

In Case You Missed It: The Center for Women Veterans is sharing recent news stories that may interest women Veterans, military women, and their supporters every week. Share your thoughts about them on social media @VAWomenVets.

Women Veterans NOT using your earned VA Benefits & Services, we would love to hear from you. Please take our survey; it takes 5 minutes and is anonymous. <https://survey.voice.va.gov/?cwv-women-veterans>

On this page: Women have traditionally been underrepresented in medical research, [leading to gaps in biomedical knowledge](#). By volunteering to participate in VA research efforts like those listed below, women Veterans can make a difference.

[Participate in VA Research](#) | [VA Reports and Research](#) | [Special Volumes](#) | [PubMed.gov Resources](#)

VA does not endorse and is not responsible for the content of any external website links. These sites are provided for informational purposes only.

Nebraska Dept. of Economic Development Programs

Community

- [Civic and Community Center Financing Fund \(CCCCF\)](#)
- [Community Development Assistance Act \(CDAA\)](#)
- [Community Development Block Grant \(CDBG\)](#)
- [Community Development Block Grant Coronavirus Response \(CDBG-CV\)](#)
- [Community Development Block Grant Disaster Recovery \(CDBG-DR\)](#)
- [Enterprise Zones](#)
- [Economic Development Certified Community \(EDCC\)](#)
- [Local Option Municipal Economic Development Act \(LB840\)](#)
- [Leadership Certified Community \(LCC\)](#)

Business

- [Academic Research & Development Grant](#)
- [Accredited Job Training Act](#)
- [Business Retention & Expansion Program \(BRE\)](#)
- [Nebraska Career Scholarships](#)
- [Community Development Block Grant \(CDBG\) – Economic Development](#)
- [Customized Job Training](#)
- [ImagiNE](#)
- [LocationOne \(LOIS\)](#)
- [Microenterprise Assistance Program](#)
- [Micro TIF](#)
- [Municipal Inland Port Authority Act](#)
- [NIF Prototype Grants](#)
- [Opportunity Zones](#)
- [Small Business Assistance Act \(SBAA\)](#)
- [Site and Building Development Fund \(SBDF\)](#)
- [SBIR/STTR Grant Program](#)
- [Nebraska Seed Investment Program](#)
- [State Small Business Credit Initiative \(SSBCI\)](#)
- [State Trade Expansion Program \(STEP\)](#)
- [Risk Assessment & Business Continuity Planning](#)

Economic Recovery (ARPA)

- [Qualified Census Tract \(QCT\) Affordable Housing Program – Metropolitan & Primary](#)
- [Chief Standing Bear Film Program](#)
- [County Agricultural Society](#)
- [Internships & Crime Prevention](#)
- [Financial Literacy Program](#)
- [iHub](#)
- [Qualified Census Tract \(QCT\) Recovery Grant Program](#)
- [Capital Projects Fund](#)
- [Shovel-Ready Capital Recovery & Investment Act](#)
- [Business Park in Omaha Qualified Census Tracts](#)
- [Building Mental Health Care and Education Capacity Program](#)
- [HOME-ARP](#)
- [Nebraska Meat Processing Wastewater Pretreatment and Runoff Control](#)
- [Nuclear Plant Siting Feasibility Study Program](#)
- [International Competition Sponsorship Program](#)
- [Rural Workforce Housing Land Development Program](#)
- [State Small Business Credit Initiative \(SSBCI\)](#)
- [Pandemic Relief Housing Program](#)
- [Economic Development Administration \(EDA\) & Tourism Grant Program](#)
- [Refugee Job Training and Placement \(RJTP\)](#)
- [NIFA LIHTC Pandemic Relief Program](#)

Housing

- [Community Development Block Grant \(CDBG\)](#)
- [Community Development Block Grant Disaster Recovery \(CDBG-DR\)](#)
- [HOME Investment Partnerships Fund \(HOME\)](#)
- [National Housing Trust Fund \(HTF\)](#)
- [Nebraska Affordable Housing Trust Fund \(NAHTF\)](#)
- [Nebraska Commission on Housing and Homelessness \(NCHH\)](#)
- [Middle Income Workforce Housing Investment Fund \(MWHF\)](#)
- [Rural Workforce Housing Fund \(RWHF\)](#)

Incentives

- [ImagiNE](#)
- [Community Development Block Grant \(CDBG\) – Economic Development](#)
- [Nebraska Film Office Grant](#)
- [Nebraska Rural Projects Act](#)
- [Renewable Chemical Production Tax Credit Act](#)
- [Site and Building Development Fund \(SBDF\)](#)
- [Urban Redevelopment Act](#)

Talent

- [InternNE](#)
- [Accredited Job Training Act](#)
- [Developing Youth Talent Initiative \(DYTI\)](#)
- [Developing Youth Talent Initiative GEER II \(DYTI – GEER II\)](#)
- [Nebraska Career Scholarships](#)
- [Customized Job Training](#)

Research

- [NE Labor Availability, Skill & Training](#)
- [NE Economy & Trends](#)
- [BottomLiNE](#)



[Veterans Strengthen America](#)

[Videos Voices Strengthening America Tools you can use](#)

Our Mission

To enhance the well-being of America's veterans, their families, our military, and our communities by our devotion to mutual helpfulness. The American Legion's vision statement is "The American Legion: Veterans Strengthening America." The American Legion's value principles are as follows:

A VETERAN IS A VETERAN - which means The American Legion embraces all current and former members of the military and endeavors to help them transition into their communities.

SELFLESS SERVICE - which means The American Legion celebrates all who contribute to something larger than themselves and inspires others to serve and strengthen America.

AMERICAN VALUES AND PATRIOTISM - which means The American Legion advocates for upholding and defending the United States Constitution, equal justice and opportunity for everyone and discrimination against no one, youth education, responsible citizenship, and honoring military service by observing and participating in memorial events.

FAMILY AND COMMUNITY ENGAGEMENT - which means The American Legion meets the unique needs of local communities.

ADVANCING THE VISION - which means The American Legion educates, mentors and leads new generations of Americans.

HONOR THOSE WHO CAME BEFORE US - which means The American Legion pays perpetual respect for all past military sacrifices to ensure they are never forgotten by new generations. The American Legion's motto is "Veterans Strengthening America."

Read more join [us](#)

VOICES OF THE LEGION "We have that duty and obligation to continue to serve, as veterans. That's kind of what we're here for." American Legion Post 146 service officer Dave Butkus of Bethlehem, Conn., after his post located face masks for healthcare workers in need, assembled personal protective equipment kits and distributed hundreds of them in less than 24 hours in March 2020 Share how you and your post strengthen America on Legiontown.

[Visit Legiontown](#)

How We Strengthen America

Tools of Engagement

The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans organization devoted to mutual helpfulness.

Programs

- [Baseball](#)
- [Boys State / Nation](#)
- [Legion Riders](#)
- [National Convention](#)
- [National Emergency Fund](#)
- [Operation Comfort Warriors](#)
- [Oratorical Contest](#)
- [Scholarships](#)

Services

- [Benefits Center](#)
- [Career Center](#)
- [Education Center](#)
- [Health Center](#)
- [Family Support](#)
- [USAA Financial Center](#)

- [Women Veterans](#)

Members

- [Join The American Legion](#)
- [Renew Membership](#)
- [Paid Up For Life](#)
- [Member Discounts](#)
- [MyLegion.org](#)

Media

- [The American Legion Magazine](#)
- [Basic Training](#)
- [Digital Archives](#)
- [Digital Dispatch](#)
- [E-newsletters](#)
- [LegionTV / Videos](#)
- [Press Center](#)
- [Publications](#)
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<https://www.legion.org/vsa>

5.2% Troop Pay Raise in 2024 Gets Support as Debt Ceiling Fight Subsides

Military.com | By [Rebecca Kheel](#)

Capitol Hill is turning its attention to a 5.2% pay bump troops are slated to get next year after lawmakers struck a deal to avert a default on U.S. debts that capped government spending. The deal limited spending levels for next year's defense budget at the same amount of money the Biden administration requested in its budget submission to Congress earlier this year, and a 5.2% raise was included in that request.

One senator is seeking reassurances the raise will be safe in the upcoming defense policy bill. In a letter dated June 5, Sen. Kirsten Gillibrand, D-N.Y., urged the leaders of the Senate Armed Services Committee to ensure this year's National Defense Authorization Act or NDAA, endorses a 5.2% [pay raise](#) for troops.

at <https://www.military.com/daily-news/2023/06/06/52-troop-pay-raise-2024-gets-support-debt-ceiling-fight-subsides.html>



Outdoor News: Family-friendly fishing lakes; river tubing tips; Lake Mac reservations

Nebraska Game and Parks Commission sent this bulletin at 06/22/2023 01:30 PM CDT

Looking for a great place to fish with the family? Nebraska Game and Parks has identified dozens of public fishing waters across the state that are perfect for families – known as Family Friendly Lakes.

These sites are safe, comfortable, and have great fish-catching potential. They also have a combination of barrier-free fishing piers, fishing trails, groomed park areas, concessions, playgrounds, picnic areas, and highly maintained fish populations.

<https://content.govdelivery.com/accounts/NEGPC/bulletins/36135f6>

FOR IMMEDIATE RELEASE

Shawna Richter-Ryerson

Public Information Officer | shawna.richter-ryerson@nebraska.gov | 402.471.5565

Paddlefish snagging permits accepted July 1-14

Applications for paddlefish snagging permits will be accepted by the Nebraska Game and Parks Commission from July 1-14.

<https://content.govdelivery.com/accounts/NEGPC/bulletins/361155a>

Nebraska Department of Labor
Our Mission: Connecting People to Employment Success

<https://dol.nebraska.gov/>

World

Video Shows Chinese J-16 Fighter Jet Buzzing U.S. Spy Plane

By [Ellie Cook](#) On 5/31/23 at 10:04 AM EDT

Dramatic footage shows a Chinese fighter pilot executing an "aggressive maneuver" in front of a U.S. reconnaissance plane as tensions between the two countries mount.

The unclassified video, shared by the [U.S. military](#) on Tuesday, denounced a J-16 fighter pilot in Beijing's air force who "performed an unnecessarily aggressive maneuver during the intercept of a U.S. Air Force RC-135 aircraft," on May 26.

[The pilot "flew directly in front of the nose"](#) of the U.S. aircraft, and forced the reconnaissance plane to "fly through its wake turbulence," U.S. Indo-Pacific Command (USINDOPACOM) said. The incident took place in international airspace over the South China Sea, it said.

Tensions between Washington and Beijing have escalated in recent months, not [least over China's belligerence towards Taiwan](#) and the shooting down of a Chinese spy balloon earlier this year.

<https://www.newsweek.com/video-chinese-j16-fighter-pilot-us-surveillance-plane-rc135-1803580>

EVENTS



About First Responders Foundation Mission

The mission of the First Responders Foundation is to serve and honor all our First Responders, Veterans and their families; build appreciation and respect for their work; and enhance public safety.

Vision

Our 2025 Vision:

- By 2025, be an organization critical to the maintenance and enhancement of public safety in our communities. To serve as a recognized social impact organization supporting First Responders, Veterans, and Families.
- This will be accomplished by providing caring support to communities and offering tailored individual and family wellness programs and services for First Responders, Veterans and their families.
- By 2030 critical services will expand programs and services through Chapter representation in multiple states and national strategic collaborations and alliances.

July EVENTS CALENDAR

<https://firstrespondersfoundation.org/events/month/2023-07/>



OUTDOOR NEWS

<https://content.govdelivery.com/accounts/NEGPC/bulletins/35b0e0b>

[Humphrey Veterans Memorial Fun Run](#)

Details

Event by [Joshua Wessel](#) and [Aaron Korth](#)

Humphrey Nebraska

Public · Anyone on or off Facebook

The Humphrey American Legion Post 80 will be bringing back a fun run for the summer to coincide with Humphrey days. The event will take place July 8th and will include a 2 & 5 mile route. The run will begin at 8am and will start and end at the Veterans Park. Medals for top place finishers. \$25 entry for everyone that registers <http://Raceentry.com> before July 1st. After July 1st the price goes up to \$30 and no guarantee on a shirt. Refreshments will be provided. Any questions please contact Aaron Korth 402-841-1619 or Joshua Wessel 402-920-0260.



[U.S. Air Force Heartland of America BandCalendar](#)

Agenda

Saturday, July 1 7:00 pm

[Made in America-Summer Concert Series](#)

Sunday, July 2 7:00 pm

[Made in America-Summer Concert Series](#)

Monday, July 3 6:00 pm

[Made in America-Summer Concert Series](#)

Tuesday, July 4 7:00 pm

[Made in America-Summer Concert Series](#)

Showing events until 8/31. Look for more

Events shown in time zone: Central Time - ChicagoCalendar

<https://www.music.af.mil/Bands/US-Air-Force-Heartland-of-America-Band/Calendar/>

[Cruise Nite Our Biggest Event](#)

Every year in July, the CNAC encourages anyone who wants to relive the memories of the "Good Ole Days" along with the love of the classic cars to come and enjoy in the fun. The event "Cruise Nite" has grown from a weekend to a week-long event.

2023 Cruise Nite Dates are set.

Cruise Nite, the popular six-day automobile festival will return for the Summertime event July 11-16, 2023. The premiere event is hosted by Central Nebraska Auto Club; customarily, Kearney Cruise Nite events are held the third weekend each summer in July, (Tuesday thru Sunday) throughout the community of Kearney, Nebraska. <https://cruisenite.org/>



July 27-29, 2023

10AM - Saturday, July 29, Memorial Park, Omaha

Korean War Veterans will be honored at this event. If they are no longer with us, we would like to honor their spouses and family members. Re-enactors will be camped at the park from Thursday evening through Saturday afternoon, with military gear, equipment and vehicles. A half-size replica of the Korean War Memorial in Washington, D.C. will arrive July 27 and remain for the ceremony.

<https://www.patrioticproductions.org/living-history>

SUNDAY, NOVEMBER 12, 2023 AT 2 PM

2023 Lincoln Veterans Parade

Nebraska State Capitol

2023 Lincoln Veterans Parade

VETERANS IN BUSINESS

K street from S 21st to S 14th Street

Sunday, Nov. 12th at 2 PM

On Sunday afternoon everyone is invited to line K Street to see so many great sponsors, businesses, organizations, vehicles, and people in salute to our American heroes. This year we are giving special recognition to our military veterans in the workforce as business leaders, entrepreneurs, or employees. Our heroes continue to move forward after service.

The parade will start at 2 PM on 21st and K Street, moving westbound to S 14th. The parade line will stop at the Capital Building for the opening ceremony. We have 2 stations along the route of radio hosts providing emcee support. The parade will have a Live TV and Streaming Broadcast of the entire event. Expecting to last 60 to 90 minutes.

Getting involved and helping others is not just in the military but is what Nebraskans do. Send a message or visit the website to find more information. From joining the Planning Committee, helping setup on parade day, or just posting a sign in the yard.

2023 VETERANS IN BUSINESS

This year's parade will be honoring veterans in business. 2021 saw one of the highest numbers of new business starts in the US – more than 5.4M. 10.7% of new business owners in 2021 were veterans. Veterans are playing a bigger role in driving the economy forward, translating military training to business success. Veterans are significantly more likely to start a business in Goods-Producing/Logistic sectors (construction, manufacturing, utilities, transportation, and warehousing) than all new business owners.

[#VeteransInBusiness](#) [#lincolnparade](#) [#LNKvets](#)

www.lincolnveteransparade.org



Wounded Warriors Family Support
June 20 at 10:39 AM

It is official! Come one, come all to the Purple Heart Car Show! ALL local car clubs are welcome. The bays at Victory Lane Omaha will be open. Live music by The Outback Band. Food, Drinks, Lots of stuff for the kids to do also! 2 55" Smart TVs will also be given away!

Donation requested for registration fee. You can donate at <https://givebutter.com/PurpleHeartCarShow> Your car club can also start their own team by clicking the Fundraise button and your club will get recognition for funds raised! But come join us....this is going to be a really fun evening! You are welcome to donate even if you can not attend, WWFS is hoping to raise \$100,000 which will fully fund a custom mobility-equipped truck for a local disabled combat-wounded veteran family.

Tag your car club or friends you know have a vehicle that should be here!!! Lets pack the house. Facebook Event Page: <https://fb.me/e/1ex2zMPvC>

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Get In Touch

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Sent by newsletter@nevetscoalition.org

