

A Volunteer Organization Bringing Awareness To Veteran's Issues

Volume 4, Issue 12, December 1, 2023, Newsletter

The Nebraska Veterans Coalition Mission

WHAT WE DO AND WHAT OUR GOALS ARE

The Nebraska Veteran's Coalition is a non-partisan or bi-partisan group. It was formed to bring awareness to veterans about what is going on in the Nebraska Unicameral related to veteran-related legislation and its status regarding Veteran benefits. For those who feel a friend would like to see this information, just forward it.

Our goal is to provide veteran-related information, keeping veterans updated on Veterans' News

Please join our Facebook group page, because it has many interesting posts. You can post to it and encourage your Veterans Service organization to post veterans' events and other information on our Facebook page (Nebraska Veterans Coalition). "Friend us," View our Website- <u>www.NebraskaVeterans.org</u> and follow Twitter (X) @VetsCoalitionNE

See our mission statement on our website! Our website has considerable information on it. John Stewart does awesome with the site for us. www.NebraskaVeterans.org

Thank You, Dean Kenkel

We do not solicit or accept funding/donations for our efforts.

Join our Newsletter



Find our Website



Open To America's#1 Veterans Magazine

<u>The Grapevine</u>

<u>Click on Publication of Your Choice</u> <u>https://veteransgrapevine.com/</u> Find the previous Nebraska Veterans Coalition Newsletters here



Nebraska Department of Veterans' Affairs

<u>https://veterans.nebraska.gov/</u> NDVA Twitter <u>https://twitter.com/NEVetsAffairs?ref_src=twsrc%5Etfw</u> NDVA Facebook: <u>https://www.facebook.com/VeteransAffairs/</u>

Benefits and Services Overview

Part of our mission is to help veterans identify and access benefits. There is a wide range of county, state, and federal benefits related to education, employment, finance, health care, housing, legal assistance, recreation, taxes, and more. Use our Benefits Expert to help guide you to the benefits you're interested in or learn about some of the most-used benefits. If you have additional questions, don't hesitate to contact your County Veterans' Service Officer or a State Service Officer.

Nebraska Veterans' Gateway

Welcome to your gateway to career and employment resources for Nebraska veterans.

Nebraska Veterans' Homes

Nebraska's state veterans' homes offer top-of-the-line domiciliary, intermediate, and skilled nursing care for the men and women who have served our country, as well as eligible family members.

<u>Military & Veterans' Registry Application</u> Applicants must submit a DD-214 or NGB-22 indicating the length and character of services.

> <u>Newsletter & Events</u> https://veterans.nebraska.gov/news MORE

NDVA Receives VA Grant for Nebraska Veterans Cemetery at Grand Island, Groundbreaking Nov. 10

The Nebraska Department of Veterans Affairs (NDVA) has awarded \$2.5 million to the Nebraska Vietnam Veterans Memorial Foundation to go towards the construction of its Vietnam War Memorial in Papillion.https://johnsoncounty.ne.gov/veterans-service-office.html

Other VA social media: U.S. Department of Veterans Affairs U.S. Department of Veterans Affairs Nebraska Western Iowa Health Care SystemNebraska Western Iowa Health Care System https://www.facebook.com/NebraskaIowaVA/

Contact the Governor

<u>Cabinet</u> Connect with the Governor Subscribe for Text or Email Updates Lincoln Office/State Capitol: Office of the Governor P.O. Box 94848 Lincoln, NE 68509-4848 Phone: 402-471-2244 Fax: 402-471-6031 Email: Gov. Pillen at the State Capitol Contact the Governor | Office of Governor Jim Pillen (nebraska.gov)

<u>Cabinet</u>

Cabinet | Office of Governor Jim Pillen (nebraska.gov)

Nebraska Dept. of Economic Development

Home - Nebraska Department of Economic Development

Our Mission: to provide quality leadership and services that enable Nebraska's communities, businesses, and people to succeed in a global economy. Ask about moving here, living here, starting a business here, growing a business here.

<u>Nebraska Department of Labor</u>

https://dol.nebraska.gov/

The state agency responsible for administering laws and rules governing the employment relationship is to serve, promote, and advocate for economic development, job growth, and quality of life in the state of Nebraska.

Nebraska Department of Revenue

Nebraska Department of Revenue

The state agency responsible for serving the public by administering the state revenue laws with integrity, efficiency, and consistency.

Nebraska Department of Health and Human Services

Department of Health and Human Services (ne.gov)

The state agency "Helping people live better lives" provides the motivation to make a difference. Educate and protect people through public health activities like ensuring clean and safe drinking water and elicense and certify all health care professionals. Touch our state's most vulnerable citizens. Assists the elderly, low-income, and those with disabilities; provides safety to abused and/or neglected children and vulnerable adults; and thousands of Nebraskans rely on the services of our seven 24-hour facilities.

Nebraska Department of Veterans Affairs

https://veterans.nebraska.gov/

The mission of the Department of Veterans' Affairs is to provide assistance to Nebraska veterans and their dependents in acquiring county, state, and federal benefits to which they are entitled by virtue of their service to this country.

Nebraska Chamber of Commerce

Nebraska Chamber of Commerce & Industry - Nebraska Chamber of Commerce & Industry | P.O. Box 95128 | Lincoln, NE 68509 (nechamber.com)

The mission of the Nebraska Chamber of Commerce & Industry is to promote and protect Nebraska's free enterprise system by ensuring a competitive business climate, economic growth, and greater prosperity for all Nebraskans.

School, City, County, State Boards Your State Legislator

Legislation

2023 Nebraska Military & Veterans Legislation

2023 Legislative Tracker (6/9/23)

2023 Legislation.pdf (nebraska.gov)

Open the bill # on the left of the listing enter your comment online and express yourself as a proponent of the bill and all senators will be able to see it

The deadline to submit comments for the official hearing record has passed but you may continue to submit comments as the Legislative session progresses.

NEBRASKA LEGISLATURE

The official site of the Nebraska Unicameral Legislature

https://nebraskalegislature.gov/index.php

Senators' Landing Pages

https://nebraskalegislature.gov/senators/senator_list.php

Each senator offers a page where the public can find his or her contact information, committee assignments and news releases. Senators' pages also contain his or her biography, district map, photos and information about bills the senator introduced. Click on a senator's name below to access his or her page or <u>find your senator</u>.

Search Bills and Resolutions

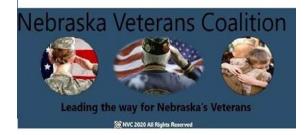
https://nebraskalegislature.gov/bills/

Choose one of the following methods to find a bill or resolution or do a keyword search of past legislation.

Standing Committees

https://nebraskalegislature.gov/committees/standing-committees.php

The Legislature has 14 standing committees that are organized around various public policy areas in order to facilitate the processing of legislation. These committees hold public hearings on the legislation. Typically, hearings are held in the afternoon of legislative days, and they begin in mid-January and last through early March.



(This was sent to all Nebraska State Senators)

November 20, 2023

Honorable Senators,

The Nebraska Veterans Coalition members have visited many Nebraska legislators during the last few months and received positive support for veterans. The retention of Veterans enhances the stability/growth of Nebraska's workforce, and that provides a return to all Nebraska citizens. We must improve our retention of Veterans and increase the size of our workforce. The apparent return on investment increases our ability to compete with surrounding states for available people resources and demonstrates that Nebraska is military-friendly. Veterans are needed to improve Nebraska's ability to support the creation of new businesses and the expansion of existing businesses.

We request that you cosponsor the veteran-related bills shown in the attachment, thus showing your support, and many bills do not create a significant loss of revenue. Also, introduce legislation relating to veterans during the next session, even if a small benefit for veterans would gain exposure for Nebraska, increasing the information to spread throughout the state. Veterans pay attention to legislation and who supports the bills. Some of your colleagues have questioned us during our visits with them: "How do you suggest promoting Nebraska?" Providing and promoting our state benefits is one of the best options. We believe that additional homogeneity within the Departments of Labor, Veterans Affairs, Health and Human Services, and Tourism, along with more homogenous support from Chambers of Commerce, would improve Nebraska's ability to expand its workforce.

Veterans and their families increase Nebraska's tax revenue while lowering the costs of using other methods to increase our workforce population.

Respectfully,

Dean Kenkel Cofounder of the Nebraska Veterans Coalition (402) 630-5840 <u>nevetscoalition@outlook.com</u> Attachment: <u>2023 Legislation.pdf (nebraska.gov)</u>

The Servicemembers Civil Relief Act - SCRA

The Servicemembers Civil Relief Act (SCRA) gives military members a wide range of legal protections not available to the general public.

SCRA Eligibility

The SCRA covers all active-duty service members, reservists and the members of the <u>National Guard</u> while on active duty. The protection begins on the date of entering active duty and generally terminates within 30 to 90 days after discharge.

What Does The SCRA Cover?

The SCRA can postpone or suspend financial or civil obligations to prevent you from being taken advantage of while on active duty and away from home.

<u>Protections offered by the SCRA include:</u> Listen to Article: https://www.military.com/benefits/military-legal

https://www.military.com/benefits/military-legal-matters/servicemembers-civil-relief-act-overview.html

<u>H.R. 7939 (117th): Veterans Auto and Education Improvement Act of 2022</u>

To make permanent certain educational assistance benefits under the laws administered by the Secretary of Veterans Affairs in the case of changes to courses of education by reason of emergency situations and for other purposes.

The summary below was written by the Congressional Research Service, which is a nonpartisan division of the Library of Congress and was published on Sep 16,

2022. https://www.govtrack.us/congress/bills/117/hr7939/summary

Student Veteran Emergency Relief Act of 2022

This bill provides permanent authority for applying certain flexibilities to assist veterans with their educational assistance benefits during emergency situations (as declared by the President). Specifically, the bill extends certain program adjustments implemented during the COVID-19 emergency to other emergencies that may arise and affect veterans and their educational assistance benefits.

Open link for other flexibilities : <u>https://www.govtrack.us/congress/bills/117/hr7939</u> Enacted — Signed by the President on Jan 5, 2023 This bill was enacted after being signed by the President on January 5, 2023.

> Transferring Your Professional License Transferring Professional Licenses | Military OneSource

Benefit overview

Moving can be a great adventure. Here's some help for making sure your licenses and certifications travel with you during your next move.

Your service branch will help reimburse licensure costs that come up when you PCS. Plus, the Defense Department's Defense-State Liaison Office <u>About Defense-State Liaison Office</u> <u>Military State Policy</u> (militaryonesource.mil) and Spouse Education and Career Opportunities program <u>Military Spouse Education</u> <u>& Career Opportunities</u> <u>MySECO (militaryonesource.mil)</u> worked to streamline state licensing procedures to make it easier for military spouses to find a job.

How this benefit helps

The 2018 National Defense Authorization Act allows each service branch to reimburse spouses up to \$1,000 for re-licensure and certification costs resulting from relocations or PCS moves that cross U.S. state lines.

Military Skills Test Waiver Program

Military Skills Test Waiver Program | FMCSA (dot.gov)

<u>Overview</u>

The program allows drivers with two years' experience safely operating heavy military vehicles to obtain a commercial driver's license (CDL) without taking the driving test (skills test). This program is available in every state. To date, more than 40,000 service members and veterans have taken advantage of this waiver program.

Military personnel can use the skills test waiver if currently licensed and are or were employed within the

past year (12 months) in a military position requiring the operation of a military motor vehicle equivalent to a commercial motor vehicle.

Application

https://www.fmcsa.dot.gov/sites/fmcsa.dot.gov/files/docs/registration/commercial-driverslicense/696/application-military-skills-test-waiver-41819.pdf

Once completed, submit it along with a standard CDL application to the <u>State Driver's License Agency</u> where you are applying.

The Federal Motor Carrier Safety Administration (FMCSA) was established within the Department of Transportation on January 1, 2000, pursuant to the Motor Carrier Safety Improvement Act of 1999 (49 U.S.C. 113). Formerly a part of the Federal Highway Administration, the Federal Motor Carrier Safety Administration's primary mission is to prevent commercial motor vehicle-related fatalities and injuries.

HEALTH CARE

<u>TRICARE Open Season: 13 Nov - 12 Dec 2023. Interested in options or changing:</u> <u>https://tricare.mil/Plans/Enroll/OpenSeason</u>

Tricare Retired Reserves (TRR) - Gray Area under age 60 - has premium. For retired National Guard and Reserve members:

Tricare Select (TS) - Retired and reached age 60 - has premium.

Tricare Prime – generally, must live near a Military Treatment Facility (MTF) - has premium Tricare for Life (TFL)– must be 65 and/or eligible for Medicare - no premium: Must be enrolled in Part A and Part B or Advantage Plan (FAQ #18 for Advantage Plans <u>https://tricare.mil/FAQs</u>)

Dental and Vision Open Season: Federal Employees Dental and Vision Insurance Program (FEDVIP) Open Season is 13 Nov - 11 Dec 2023: TRICARE Beneficiaries may be eligible for Dental and Vision. Retirees not covered under TRICARE may be eligible for Dental. Website: <u>https://www.benefeds.com/</u> Eligibility: <u>https://www.benefeds.com/eligibility</u> Compare plans: <u>https://www.benefeds.com/tools</u>

World War II Veterans Now Get Free Health Care, VA Says in Holiday Rollout of

<u>New Programs</u>

All World War II veterans are now eligible for no-cost health care, medical services and nursing home care from the <u>Department of Veterans Affairs</u>, the agency announced Friday in advance of <u>Veterans Day</u>. These veterans, who number fewer than 120,000, according to data published Thursday by the Pew Research Center, will no longer have to make copayments or pay enrollment fees or monthly premiums, regardless of their disability ratings or priority group in the VA health system.

VA officials announced several new initiatives to improve health care and expanded several programs to draw in more veterans after a record-breaking year of providing health care and benefits to veterans -- largely the result of the <u>PACT Act</u>, which added hundreds of thousands of new beneficiaries to VA rolls. Listen to Article

World War II Veterans Now Get Free Health Care, VA Says in Holiday Rollout of New Programs | Military.com

Find Out Your 2024 TRICARE Pharmacy Costs

TRICARE Communications sent this bulletin at 11/09/2023 01:43 PM EST Nov. 9, 2023 Having trouble viewing this email? View it as a webpage.

By TRICARE Communications FALLS CHURCH, Va. – Do you get prescription drugs through the <u>TRICARE Pharmacy Program</u>? <i>Copayments for most beneficiaries are changing. The new costs will start Jan. 1, 2024.

"These new costs are part of the National Defense Authorization Act for Fiscal Year 2018," said Melanie Richardson, a pharmacist in the Pharmacy Operations Division at the Defense Health Agency. "Most beneficiaries will pay \$1 to \$8 more per copayment. These new costs help continue to maintain high-quality delivery of your TRICARE health benefit."

A few factors affect your pharmacy costs. Your beneficiary category is one of them.

- Active duty service members (ADSMs): You'll pay nothing for covered drugs from <u>military</u> <u>pharmacies</u>, <u>retail network pharmacies</u>, and <u>home delivery</u>.
- Survivors of ADSMs and medically retired service members and their family members: Your copayments won't change in 2024.
- All other beneficiaries: Your copayments will increase in 2024.

MORE:

Ways Veterans and their loved ones can find support after a suicide loss

Though International Survivors of Suicide Loss Day is for all survivors, VA offers resources specific to Veterans and their families. Whether you're a Veteran who lost somebody you served with to suicide or you lost your Veteran spouse to suicide or you're a health care provider helping a Veteran recover from a suicide attempt, Uniting for Suicide Postvention can help.

What is suicide postvention?

Most people are familiar with the term "suicide prevention," but "suicide postvention" is less commonly understood and equally as important. Suicide postvention builds upon prevention efforts by providing immediate and ongoing support to those impacted by a suicide loss. We know that exposure to suicide loss is widespread. On average, at least <u>135 people are affected by a single suicide</u>. Postvention is critical for healing after suicide.

Here are some resources to connect with if you have lost a Veteran to suicide: https://news.va.gov/125703/veterans-loved-ones-support-after-suicide-loss/

Office of Rural Health's innovative approach to heart and lung care

Thousands of Veterans face the everyday challenges that come with having a serious heart or lung condition. Many experience physical and mental health symptoms ranging from difficulty breathing to anxiety and depression.

For Veterans in rural communities, accessing care for these conditions presents an additional challenge. But VA's revolutionary approach to delivering specialty care brings help within reach.

VA's Office of Rural Health (ORH) pioneered an innovative approach to heart and lung care that brings rehabilitation services to Veterans at home. Home-Based Cardiac and Pulmonary Rehabilitation each use telehealth to eliminate traditional barriers to rehabilitation services and increase rural Veterans' access to essential care.

The results speak well for the approach. One rural Veteran credits ORH's home-based rehabilitation for improving his health care and overall quality of life. "I felt better on my 70th birthday than I did on my 50th," he said.

To learn more about Home-Based Cardiac and Pulmonary Rehabilitation, watch this <u>video</u>. MORE: <u>https://news.va.gov/125976/office-of-rural-healths-heart-and-lung-care/</u>

Bridging the gap in cardiopulmonary rehabilitation

Strengthening hearts at home Helping Veterans breathe easier

<u>Mental health apps and U.S. military veterans: Perceived importance and</u> <u>utilization of the National Center for Posttraumatic Stress Disorder app portfoli</u>o

https://pubmed.ncbi.nlm.nih.gov/37917475/

Abstract

U.S. veterans have historically experienced more mental health concerns as compared to the general population, yet face a variety of barriers to accessing care. Evidence-based and accessible resources, such as mobile apps, are needed to respond to the unique needs of a diverse veteran population. The U.S. Department of Veterans Affairs (VA's) National Center for Posttraumatic Stress Disorder has created a one-of-a-kind portfolio of mental health apps to target the needs of veterans and support the self-management of common concerns related to posttraumatic stress disorder. Using data from a nationally representative sample of U.S. veterans, the present study sought to examine how veterans perceived the importance of making each self-management app available to other Veterans; factors impacting veterans' intent to try each app; and actual uptake of each app. Results revealed that while 46.7%-75.0% of veterans reported that the apps are important for veterans, 5.8%-19.2% reported that they would be likely to download the apps, and

only 5.0% reported having ever used any of them. Veterans who used any of the apps were more likely to be employed, have served two or more deployments, be married or partnered, use the VA as their primary source of health care, have more medical conditions, and were less likely to identify as Black. With respect to future app use, Black veterans were to 2-5 times more likely than White veterans to indicate a desire to download each of the apps. Other variables that showed consistent associations with increased likelihood of app download included greater smartphone utilization, being married or having a partner, lower household income, and history of mental health treatment. Implications of these results for the broader dissemination of mental health apps and promotion of their uptake are discussed. (PsycInfo Database Record (c) 2023 APA, all rights reserved).

PubMed Disclaimer

<u>Police encounter with Veteran has positive results</u> Benefits of First Responders' Veteran focused effort

Detective Brendan Dougherty from the Upper Marion Township Police Department recently worked with Montgomery County's Veterans Response Team (VRT), and came away impressed.

Adopted from another community, Montgomery County's VRT began under the guidance of a Veteran Justice Outreach social worker at <u>Coatesville VA Medical Center</u>. The Veterans who qualify for health care are likely to receive their care at Coatesville VA or one of the other facilities in the area.

Having an established Veterans Response Team network isn't just helping Veterans in crisis. It's helping the police officers, first responders and the departments who see the value in having trained VRT members in their community and encourage them to sign up.

Dougherty has been in constant contact with other VRT members while supporting Montgomery County veterans through their 18-month wellness journey, and it has opened the detective's eyes to what this team can accomplish when they all commit to being accessible and helping the Veterans in their community.

What is the Veterans Response Team?

Benefits beyond the Veteran in crisis

Unexpected benefits

It's a no-brainer

Following that first visit with the Veteran, two things happened. The first was that the Marine Corps Veteran called Jackson (pictured above) and thanked him because he had never had a positive interaction with the police, ever. According to Jackson, the second was that Hubert was overwhelmed by a sense of satisfaction in helping someone who had walked in his shoes, someone he was uniquely qualified to help. MORE:

https://news.va.gov/126395/police-encounter-with-veteran-positive-results/

MISCELLANEOUS INFORMATION



MISSION: ENRICHING VETERANS' LIVES VISION: FORGING AMERICA'S LEADING HEALTH AND WELLNESS COMMUNITY FOR VETERANS

In the military, service members push the limits of their well-being to support the mission. That selfless service posture has always been necessary because service members of every era knew they may be called to war. As they move into civilian life, many veterans carry that mission-first mindset with them, neglecting their health in the process.

We believe that veterans are America's most resilient citizens — and it's time for more veterans to prioritize their well-being first.

Team Red, White & Blue (Team RWB) exists to guide them through that journey with real-life and virtual opportunities focused on building a healthier lifestyle because a strong focus on mental and physical health is critical to ensuring veterans' best days are ahead.

More than 200,000 members are already forging the nation's leading health and wellness community for veterans. Will you join the team?

Join the nation's leading health and wellness community for veterans

<u>https://teamrwb.org/join-the-team</u> <u>https://www.facebook.com/groups/TeamRWBLincoln</u> Omaha Chapter <u>https://www.facebook.com/groups/342236012571858</u>

Team RWB members share more than just values. We share an ethos – a set of guiding beliefs and ideals that characterize our community. An ethos persuades or inspires people to action...and that is what our organization is all about. While ethos can be sometimes hard to define, you certainly know it when you see it. Ethos is demonstrated, not stated.

The Eagle Ethos was crafted using six words that uniquely characterize Team RWB and distinguish our organization from others. While there are certain principles that all nonprofits should adhere to, these are the things that make our Team special. The Eagle Ethos can be clearly captured in an instant with a single snapshot or demonstrated over time. It can be displayed outwardly or held inside as fuel for action. But it is pervasive throughout Team RWB and known intimately by each team member who puts on that red shirt. The Eagle Ethos is passion, people, positivity, commitment, camaraderie, and community...and Team RWB lives it in action every day.

MORE" https://teamrwb.org/

VA Email News Update

U.S. Department of Veterans Affairs sent this bulletin at 11/22/2023 09:31 PM EST

Free Lifetime Pass to National Parks, Other Public Lands

https://news.va.gov/110751/free-lifetime-pass-to-national-parks/?utm_id=22NOV2023

Veterans and Gold Star Families are eligible for a free lifetime pass to more than 2,000 federal recreation sites spread out across more than 400 million acres of public lands, including national parks, wildlife refuges, and forests.

VA Welcome Kit

https://www.va.gov/welcome-kit/

Whether you're just getting out of the service or you've been a civilian for years now, the VA Welcome Kit can help guide you to the benefits and services you've earned.

Based on where you are in life, your VA benefits and services can support you in different ways. Keep your welcome kit handy so you can turn to it throughout your life—like when it's time to go to school, get a job, buy a house, get health care, retire, or make plans for your care as you age.

Print your Welcome Kit Download your Welcome Kit Download guides to VA Benefits and Services Subscribe to updates from U.S. Department of Veterans Affairs https://content.govdelivery.com/accounts/USVA/bulletins/379e005

The Fascinating Archaeological Discovery That Put This Nebraska Riverbank On The Map

In 1987, two Bureau of Reclamation archaeologists were conducting a routine shoreline survey of the Medicine Creek Reservoir when they stumbled - quite literally - onto something amazing. It was the partial remains of an enormous adult mammoth buried about 11 feet beneath the surface. More: https://www.onlyinyourstate.com/nebraska/archaeological-discovery-ne/? eh s2=997e4f442f581e8e6f8164cae96b9b939da8fef103ab2d33d8d12efa569038f9



Become a Volunteer

Your time and talent can make a real difference in people's lives.

Blood Donor Ambassador Blood Transportation Specialist Disaster Action Team (DAT) Disaster Health Services

90% of the Red Cross workforce are volunteers.

https://www.redcross.org/volunteer/become-a-volunteer.html#step1

County Veterans Service Offices Directory

This month's

FEATURED COUNTY VETERAN SERVICE OFFICER INFORMATION

Extracted from

Nebraska Department of Veterans Affairs

https://veterans.nebraska.gov/

County Veterans Service Offices Directory (Updated 10/18/2023) https://veterans.nebraska.gov/cvso

HOWARD COUNTY Service Officer Donald L. Shuda (308) 385-5065 dons@hallcountyne.gov Admin Assist Margy Goerl Fax: (308) 385-5066 Vet Service Aid Dori Wilkinson Vet Service Aid Jill Lothrop Hours Monday – Friday Vet Service Aid Jennifer Nelson 8:30 am to 5 pm Vet Service Aid Rhonda Byerly Location 131 S Locust St, Grand Island, NE 68801 Mailing Address 131 S Locust St Grand Island, NE 68801

Website http://www.howardcounty.ne.gov/webpages/veterans services/veterans services.html Also CVSO for Hall. Nance and Sherman Counties

JEFFERSON COUNTY Service Officer James Carpenter (402) 729-6839 veteran@jeffersoncountyne.gov Fax: (402) 729-6834 Location Courthouse, Lower Level, Fairbury, NE 68352 Hours Monday – Friday 8 am to 3 pm (Closed noon to 1 pm) Mailing Address 411 4th St. Fairbury, NE 68352 Website http://www.co.jefferson.ne.us/veterans.html

JOHNSON COUNTY

Service Officer Kenneth Mandl (402) 335-6306 johnsoncovso@gmail.com Fax: (402) 335-6305 Location 351 Broadway, Tecumseh, NE Hours Monday, Tuesday & Wednesday 9:00 am to 1:00 pm Thursday - 8:00 am - 12:30 pm & 1:00 pm - 4:30 pm Mailing Address PO Box 217 Tecumseh, NE 68450 Website https://johnsoncounty.ne.gov/veterans-service-office.html

The American Legion National Headquarters

You are never alone. There's a community out there, waiting just for you.

https://www.facebook.com/groups/234504451817625/permalink/633759748558758/?mibextid=S66gvF

US Air Force upgrades eye protection for aircrew

- Published Nov. 19, 2023
- By Brian Brackens
- Air Force Life Cycle Management Center Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) -- The Air Force Life Cycle Management Center's Human Systems Division is in the process of upgrading protective evewear for aircrew operating various U.S. Air Force aircraft around the world.

Comprised of eight different devices and known as the Block 3 family of products, the eyewear will provide protection from laser threats and introduces a combined laser and ballistic protection capability for the first time

Eyewear devices include separate day and night spectacles, ballistics spectacles, and visors designed to integrate with night vision goggles.

The type of eyewear protection aircrew will receive will depend on the mission.

Along with improved protection, the night eyewear will allow more natural light through the lens increasing visibility for crew members.

MORE: https://www.af.mil/News/Article-Display/Article/3592669/us-air-force-upgrades-eye-protection-for-aircrew/

Around Nebraska

Latest Attractions

History, Attractions, Nature, Accommodations

https://www.onlyinyourstate.com/states/nebraska/

New State Veterans Homes Receive \$30,000 Donation from Department of

Minnesota Veterans of Foreign Wars Post 425

November 15, 2023

The Minnesota Department of Veterans Affairs (MDVA) extends its gratitude to the Veterans of Foreign Wars (VFW) of Hopkins - George R. Wolff Post 425 for its generous donation in October of \$30,000 to our three soon-to-open Veterans Homes in Bemidji, Montevideo and Preston. Each location will receive \$10,000 to help purchase bingo equipment and support other onsite recreational activities.

Martin Adams, Commander, Post 425, says his VFW members were very pleased to vote on this donation to benefit future Preston, Bemidji and Montevideo Home Residents. "Our post does everything it can to support Veterans, wherever they live in the community, and Veterans Homes are one important example of that commitment. In fact, we have a tradition of hosting bingo at the Minneapolis Veterans Home. It's an activity that promotes camaraderie and even a bit of fun competition, and always delivers a great experience." Bingo has proven to be an extremely popular activity in the five existing State Veterans Homes. Scientific research shows that seniors who play bingo can reap a variety of health benefits such as:

- Increasing overall social engagement.
- Improving eye-hand coordination.
- Focusing on a task at hand for longer periods of time, opening up neural pathways for learning.
- Reducing isolation, which in turn, can lessen depression, anxiety and cognitive impairment.
- Offering family-friendly fun, making it easier for generations to connect.

"It was a true pleasure to partner with Commander Adams and Post 425 on this donation," said Simone Hogan, Senior Director – Veterans Healthcare, MDVA. "Recreational programs like bingo are essential to providing an engaging, positive environment each and every day for our Veterans. We're also grateful that this funding will support other community-building activities on our new Homes' campuses throughout the state."

Once again, MDVA shares its appreciation to VFW Post 425 in Hopkins for its donation, which helps us provide a welcoming Veterans Home atmosphere for those who have served.

NECHAMBER

BUSINESS DIRECTORY | EVENTS | JOIN | MEMBER LOGIN

Advocate, Network, Celebrate, Foundation, Membership, Resources, Chamber News, About, Business Directory

What we do:

The mission of the NE Chamber is to promote and protect Nebraska's free enterprise system by ensuring a competitive business climate, economic growth and greater prosperity for all Nebraskans.We are a trusted partner to our members. We deliver market and workforce growth, as well as tax, legislative, and regulatory solutions that address the challenges of owning and growing a modern-day business.

We deliver economic and workforce growth, a competitive business climate and a network of leaders with the connections and know-how to help your business succeed.

Who we are:

Our members are current and future corporate citizens and mainstreet businesses. They hire local people, invest, buy goods and services, pay taxes that support local schools and government, donate to charity and encourage volunteerism. They operate here because Nebraska offers a good quality of life, access to national transportation networks, a growth-oriented business climate, a skilled and hardworking workforce, a

low cost of living, great schools, and more. At the NE Chamber, we pride ourselves on advocating to sustain and enhance that environment. We are the largest, broad-based business association in Nebraska. How we succeed:

Our activist members drive our results. Bold leadership, relentless advocacy and statewide engagement make us successful. Nebraska Chamber of Commerce & Industry Business Directory

https://web.nechamber.com/atlas/directory/all-categories

Military.com

https://www.military.com/

Military Headlines

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EVENTS

Wreaths Across America - Offutt Air Force Base Cemetery

Help Offutt be in the Top 5 again for 2023! Our community is so wonderful in helping to honor and remember our veterans. For more information on how to sponsor wreaths and volunteer opportunities, please visit <u>www.offuttosc.com/wreaths-across-america</u>

Wreaths Across America:

 When/Where: 1100hrs, 16 Dec 2023, Wyuka Cemetery, Lincoln

 When/Where: 1200hrs, 16 Dec 2023, Omaha National Cemetery

 Site: https://www.wreathsacrossamerica.org/social/NE0024-NationalSocietyofColonialAmerica-NebraskaSociety?Sid=157954%7C1488300%7C0%7C4



<u>at ease usa</u>

https://ateaseusa.org/programs/

Providing PTSD services to those who serve

Programs

<u>Contact us for help finding the program that's right for you.</u> Behavioral Health Services Vets 4 Vets Trauma-Informed Yoga Dialectical Behavior Therapy (DBT) group Peer Support Services Military Spouse Support Group Teen Talk Group

Events

https://ateaseusa.org/events/

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