

Nebraska Veterans Coalition



Leading the way for Nebraska's Veterans

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A Volunteer Organization Bringing Awareness To Veteran's Issues

Volume 4, Issue 1, January 1, 2023, Newsletter

I recommend if you view this Newsletter on your phone, you print it or open it on your pc. It has a lot of information and is hard to read on the phone.

Dean Kenkel, Co-founder of Nebraska Veterans Coalition

This is about us:

The Nebraska Veteran's Coalition

The Coalition has led the way in Nebraska since 2014 to persuade the Nebraska Unicameral to enact legislation designed to improve the lives of veterans, active-duty military personnel, and their families to attract and retain Veterans as a means of increasing the size of the Nebraska Work Force. We continue to follow Nebraska state and federal veteran-related legislation along with joining several veterans group Facebook pages. We provide considerable information to veterans on various topics and guide them toward agencies that can help them.

If you are not already a member of our group of over 5,000 friends, please check us out on Facebook (Nebraska Veterans Coalition) and 'Friend' us. We also have a Twitter account - @VetsCoalitionNE. We are currently updating our *website containing both Nebraska and National News events and links to websites of interest to veterans.* <http://www.nebraskaveterans.org/>,

Nebraska Veterans Coalition would like to invite you to visit our website and advertise as a veteran-owned business or business that hires veterans. Send your business card to the Webmaster and your business will be added as a supporter of the Coalition and is a free posting. Also, view our mission statement to learn more about us. <http://www.nebraskaveterans.org/> Email this website's Webmaster CORNHUSKER69@yahoo.com

We are members of a program for the Nebraska Governor's Challenge managed by the Nebraska Department of Veterans Affairs. The Governor's Challenge has many states and territories participating in the challenge. They are working to develop and implement state-wide suicide prevention best practices for SMVF, using a public health approach. SAMHSA has partnered with the United States Department of Veterans Affairs (VA) ([*See Governors Challenge Section Below*](#))

Our mission statement can be found on our Facebook or website
We do not ask for, solicit, or accept funding/donations for our efforts.

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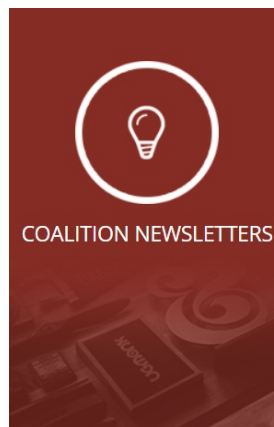
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Nebraska Department of Veterans' Affairs

<https://veterans.nebraska.gov/>



NDVA 2022 Year in Review

In 2022, the Nebraska Department of Veterans Affairs embarked on new projects while continuing to run the programs serving Nebraska's veterans and their families. Below are some of the highlights from this past year. MORE:

<https://mailchi.mp/nebraska.gov/ndva-newsletter-december-2022?e=28ef85d101>

Benefits and Services Overview

Part of our mission is to help veterans identify and access benefits. There is a wide range of county, state, and federal benefits related to education, employment, finance, health care, housing, legal assistance, recreation, taxes, and more.

Use our Benefits Expert to help guide you to the benefits you're interested in or learn about some of the most-used benefits. If you have additional questions, don't hesitate to contact your County Veterans' Service Officer or a State Service Officer.

Nebraska Veterans' Gateway

Welcome to your gateway to career and employment resources for Nebraska veterans. We've gathered resources and

tools to help shine the way for veterans and their families to find meaningful employment, receive training and education, and get assistance transitioning from military service to civilian life.

[Nebraska Veterans' Homes](#)

[Our Homes](#)

Nebraska's state veterans' homes offer top-of-the-line domiciliary, intermediate, and skilled nursing care for the men and women who have served our country, as well as eligible family members. The four homes are located in Bellevue, Norfolk, Kearney, and Scottsbluff to provide care to veterans across the state. Click on the homes below to learn more about them. Our homes offer top-of-the-line health services, a range of recreational activities, friendly communities for veterans and their families, and so much more. Click here to view our State of Nebraska Veterans' Homes brochure.

[Military & Veterans' Registry Application](#)

Applicants must submit a DD-214 or NGB-22 indicating the length and character of services.

- If the name of the DD-214 is different from the veteran's current legal name, documentation of the name change is required.
- If you are currently on active duty, please provide a military ID card. This does not include retirement ID cards or VA service cards.

A paper application is available if you prefer to mail in your application. [Download Paper Application](#)

• **Hilgert retained as state veterans affairs director**

Governor-elect Jim Pillen chose Veterans Day to announce that he will retain John Hilgert as director of the Nebraska Department of Veterans Affairs.

[News & Events](#)

<https://veterans.nebraska.gov/news>

VA to begin processing PACT Act benefits claims immediately for terminally ill Veterans

VeteranOfTheDay Marine Corps Veteran Margaret A. Brewer

Join the Friends of the Library of Congress

[8.7%](#)

Military retirees and disabled veterans will see their monthly checks increase by 8.7% for 2023, thanks to an annual adjustment to the federal Cost of Living Allowance (COLA) due to inflation. This will be the largest increase since 1981 Retirees saw a 5.9% increase in 2022 and 1.3% in 2021; the annual adjustment has averaged 1.9% for the last 10 years.

[military retirement cola increase 2023 - Search \(bing.com\)](#)

LEGISLATIVE

[Military Retirement Pay State Tax Breaks for Qualifying Veterans](#)

- Note that beginning in 2022, for all veterans, 100% of military retirement pay will be exempt from Nebraska income tax. This change is due to LB 387, Legislation for Tax Relief on Military Retirement Pay signed by Gov. Ricketts on May 26, 2021.



Hi Dean,

Next week, the First Session of the 108th Nebraska Legislature will convene and twenty-six new and returning State Senators will take their oath of office. Most remarkable, we will also witness the swearing in of Nebraska's 41st Governor whom, like so many of the legislators, will have spent months listening to Nebraskans and immersing himself in the issues that are important to our families and businesses.

With so many of our leaders fresh off the campaign trail and mindful of the will of the people, this is truly an exciting

and pivotal time for our state. But the lack of institutional knowledge and experience can also be a challenge. Therefore, we thought it would be good to review a few of our basic lessons from the past:

Find Unity Among Nebraska Taxpayers

Rural and urban taxpayers have too often been at odds over tax policy priorities in the Nebraska Legislature. While we can't discount the urban-rural divide—even in tax policy—we're all Nebraskans, and working together to support a common goal of tax reform would improve all of our lots. After all, Nebraska has cut taxes in a number of valuable ways in recent years.

Without dismissing the sometimes-bitter feelings among different taxpayer groups, all could still be better off compared with their peers in other states. Taxpayers need to support each other toward that goal.

With record cash on hand and peer states continuing to make improvements, Nebraskans must collaboratively focus on meaningful solutions in 2023 and beyond.

Leverage Nebraska's Nonpartisan Structure

I can't think of a good legislative accomplishment that hasn't required some kind of cooperation across party lines, often because we learn that party affiliation doesn't truly capture lawmakers' policy priorities.

Don't worry too much about who gets the credit and keep your eyes on building a freer and more prosperous state. Tax reform, innovation and workforce solutions count on it.

Always Place Policy Ahead of Politics

When we focus too much on the personalities of officials, we begin to tune out the content of our policy debates and miss opportunities.

What I'm saying is admittedly "bad" political campaign advice, but it's good life advice for people who want to improve their states or communities between elections, which is when most of the work of government really happens.

Sometimes these "opponents" will actually be right about something. If you focus on the ideas, rather than people and personalities, you might even discover you can do a better job realizing the good idea they're putting forward.

There are so many reasons to be optimistic about what Nebraska can accomplish. But the best work will happen when our leaders act and make policy based on what Nebraskans can achieve, and our Platte Institute team is ready to be a valuable partner.

Thanks for reading,

P.S. – Check out this blog post if you would like see our 108th Legislative Issues Guide with a short introduction from Nicole Fox, our Government Relations Director.

Jim Vokal

Jim Vokal, CEO of the Platte Institute and host of Nebraskanomics.

☐ It's time to stop the status quo. Let's remove economic barriers and make Nebraskans proud.

Platte Institute

Legislative Calendar

To view information on a specific day's events, such as introduced legislation or hearing schedules, please select a date from the calendar below. For a brief overview of the current legislative session dates, holidays and recess days, you can view the [Print Friendly Calendar](#).

[Tentative 2023 Legislative Session Calendar](#)

The 108th Legislature, First Session, is scheduled to convene January 4, 2023
Recent Legislative Information

<https://nebraskalegislature.gov/about/testifying.php>

The online Nebraska statutes have been updated as of December 8, 2022.

Senator-Elect List for 2023

Tentative 2023 Legislative Session Calendar

Operative Dates for Legislative Bills Enacted During the 2022 Legislative Session
2022 Biennial Budget Report
2022 Tax Rate Review Committee Report (11/17/2022)
2022 Interim Study Resolutions (5/16/2022)
2022 Final Worksheet (5/27/2022)
After Adjournment Worksheet (4/20/2022)
2022 Subject and Section Indexes for Introduced Legislation (2/25/2022)
A LFO Directory of State Agency Programs and Funds (1/3/2022)
Senator List (Print Friendly)
Committee List - Committee on Committees Final Report
Hearing schedules
Interim Hearing Schedule
Interim Study Listing
Introduced Legislation
Priority Bill Listing
General Fund Financial Status

News from the Unicameral Update

Unicameral Update
Ballard appointed to Legislature
Economic forecasting board raises revenue projections
Dover appointed to Legislature
Flood resigns from Legislature to join U.S. House
Kauth appointed to Legislature
Session Review: Agriculture
Session Review: Appropriations
Session Review: Banking, Commerce and Insurance
Session Review: Business and Labor
Session Review: Education

Tips on Testifying at a Committee Hearing

The Hearing Process

<https://nebraskalegislature.gov/about/testifying.php>

A committee may consider several bills during an afternoon. The committee chairperson determines the order in which bills will be heard, the rules for testifying and whether there will be a time limit on your testimony. The length of time spent on each bill varies and depends largely on the number of people testifying, the length of their testimony and the number of questions asked by committee members.

Usually, unless otherwise indicated, hearings begin at 1:30 p.m. Each bill is presented by the senator who sponsors it. After the sponsoring senator finishes his or her introduction, the committee chair typically will ask proponents of the bill to come forward individually and state their reasons for supporting the measure. Then, the chair will ask the bill's opponents to come forward and state their opinions. Often, committee chairpersons will allow individuals to testify in a neutral capacity.

If you want to testify before the committee, you will need to fill out the sign-in sheet at the witness table, orally identify yourself and spell your last name for the record, and state who, if anyone, you represent as you begin your testimony. It is important to remember that committee proceedings are transcribed verbatim.

Letters or written communications containing support, opposition or neutral testimony also are accepted by committees during a bill's public hearing. Persons wishing to send written information should address their correspondence to the office of the senator who chairs the committee and ensure that the information arrives before the hearing.

Citizen Testimony

As a concerned citizen, there are several ways in which you may communicate effectively with your senator in an attempt to suggest or influence legislation. One way is to testify at a legislative hearing.

At public hearings, citizens have an opportunity within the time available to make their views known or have them incorporated into the official committee record. In Nebraska, gubernatorial appointments and most bills, with the exception of a few technical bills, receive a public hearing by one of the Legislature's committees.

Generally, testimony on legislative bills is heard by one of the Legislature's 14 standing committees:

Agriculture
Appropriations
Banking, Commerce and Insurance

Business and Labor
Education
General Affairs
Government, Military and Veterans Affairs
Health and Human Services
Judiciary
Natural Resources
Nebraska Retirement Systems
Revenue
Transportation and Telecommunications
Urban Affairs

Each of these committees has seven to nine members.

Public hearings on bills typically are held in the afternoons during the first half of the legislative session. Committees have assigned hearing rooms and meeting days, although they sometimes meet at different times and places in order to accommodate witnesses or large audiences.

Visit the Legislative Calendar to see when hearings are scheduled. On the Hearing Schedule web page you can download a PDF of the weekly hearing schedule or enter dates to create a hearing schedule for print.

Testimony Tips

- Be aware that sometimes the sponsor of a bill will offer amendments when he or she presents the bill to the committee. These proposed amendments may change the way you feel about the bill and, thus, affect your testimony.
- Be prepared to limit your testimony and try not to repeat testimony offered by previous witnesses. Remember that while senators want to hear what you have to say, there are numerous witnesses who also want to be heard.
- Be prepared to answer questions asked by committee members.
- Most observers agree that, as a witness, you will be more effective in getting your message across if you have prepared your testimony in writing. If you do this, it is helpful to bring enough copies to distribute to all committee members, the two committee staff members, media and the transcribers' office. Fifteen copies is usually enough to accomplish this. If written testimony is lengthy, it can be distributed and summarized orally to conserve the committee's time.
- Addressing committee members or witnesses from the audience, public demonstrations and applause are prohibited.
- You should not be offended if senators come and go during a hearing. They have other commitments, including the presentation of bills in other committees that are meeting simultaneously.
- If auxiliary aids or reasonable accommodations are needed for you to attend a hearing, please call the Office of the Clerk of the Legislature, (402) 471-2271, or if you have a hearing or speech impairment, please call the Ombudsman's Office at (402) 471-2035 or 800-742-7690. Advance notice of seven days is needed when requesting an interpreter.

Online database:

In order to facilitate public input on legislation, a new feature has been added to the Nebraska Legislature's website for submission of written statements on pending legislation on the Legislature's website at any stage of the process. To access this feature, visit the bill's page at https://nebraskalegislature.gov/bills/view_bill.php?DocumentID=43739 and click the corresponding button near the top of the bill page.

These submissions will not be considered testimony or part of the public hearing record, but the submitted statements will be available on the UniNet for access by senators and staff throughout the session. Please note, there should be no expectation of privacy regarding comments submitted in this format. If a citizen uses the database to submit his or her views prior to the public hearing on a bill or resolution, this option will allow input to the members of the committee prior to any committee votes.

Economic forecasting board raises revenue projections **October 28, 2022**

The Nebraska Economic Forecasting Advisory Board voted to raise revenue projections for the current fiscal year during an Oct. 28 meeting at the Capitol. The board provides an advisory forecast of general fund receipts that is used by the Legislature to craft the state's budget.

The board's projections for fiscal year 2022-23 were raised based on anticipated increases in revenue receipts across all

categories, including projected increases of \$405 million in individual income tax and \$113 million in corporate income tax.

Total projected revenue receipts for FY2022-23 were raised to \$6.44 billion, an increase of \$621 million.

The board also set the forecast for projected total revenue receipts for FY2023-24 at \$6.47 billion, an increase of \$809.5 million. Projected total revenue receipts for FY2024-25 were set at \$6.55 billion, an increase of \$1.05 billion.

The next board meeting is scheduled for Feb. 24.

<http://update.legislature.ne.gov/?p=32833>

HEALTH CARE

Starting Jan. 1, TRICARE Beneficiaries Must Reconfirm Mail Order Refills **DECEMBER 19, 2022**

Beginning in January, Tricare will require patients using its mail-order pharmacy to confirm that they want their prescriptions refilled, rather than sending them automatically.

Express Scripts, Tricare's pharmacy benefits manager, began notifying patients the week of Dec. 5 of the pending change. According to the email, Tricare Mail Order Pharmacy users will receive a notification via email or text when their prescription is up for a refill and must log in to confirm the request.



Office of Public and Intergovernmental Affairs

VA to begin processing PACT Act benefits claims immediately for terminally ill

Veterans

Dec. 12, 2022, 10:00:00 AM

[Printable Version](#)

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VA to begin processing PACT Act benefits claims immediately for terminally ill

Veterans

WASHINGTON — Today, the Department of Veterans Affairs announced it will begin processing PACT Act benefits claims for eligible terminally ill Veterans.

While VA does not have the authorities or capabilities to begin fully processing PACT Act claims for all other Veterans until Jan. 1, 2023, VA was able to expedite processing for terminally ill Veterans to Dec. 12. This ensures terminally ill Veterans will receive their earned benefits and health care on the earliest possible date.

“These Veterans have stepped up to serve our country in the times when we needed them most — and now it’s our job to step up for them,” said VA Secretary Denis McDonough. “It’s the right thing to do to get these heroes the world-class health care and benefits they’ve earned as soon as possible, and that’s exactly what we’re going to do.”

Dec. 12 is the earliest date VA could begin processing claims for terminally ill Veterans. Until Jan. 1, 2023, VA will only finalize decisions on PACT Act claims that result in a grant of benefits for terminally ill Veterans. Claims that cannot be granted immediately will be held for further evaluation after publication of sub-regulatory guidance implementing the PACT Act.

When VA can begin processing all PACT claims Jan. 1, 2023, VA will continue to prioritize the processing of PACT Act claims for terminally ill Veterans. At that point, VA will also prioritize PACT Act claims filed by [Veterans with cancer](#), Veterans experiencing homelessness, Veterans older than 85 years old, Veterans experiencing financial hardship and Medal of Honor and Purple Heart recipients.

MORE: <https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5848>

AtEase improve the mental health of our veterans Rural Areas

AEU is expanding our Vets4Vets program not only in the metro area but in underserved rural communities throughout our vast service area. Our robust outreach efforts have helped connect clients to our network of therapists. With your help, we can continue to reach those struggling with the impact of PTSD and moral injury.

Because of your support, our momentum is growing! AEU is expanding our Vets4Vets program not only in the metro area but in underserved rural communities throughout our vast service area. Our robust outreach efforts have helped connect clients to our network of therapists. With your help, we can continue to reach those struggling with the impact of PTSD and moral injury.

Will you consider honoring those who have so bravely served our country? Your donation of \$112 will provide one hour of therapy to a veteran. A donation of \$50 will engage a group of veterans in an evening of discussion with their peers.

At Ease envisions a world where PTSD no longer exists, but until that day comes, we are committed to ensuring that our military and medical heroes have access to confidential trauma treatment. Your support helps make this vision a reality!

MORE: <https://ateaseusa.org/veterans-military-help/>

Donate: tinyurl.com/y5px4h4r



VHA Office of Rural Health

Congress established the Veterans Health Administration (VHA) Office of Rural Health (ORH) in 2006 (38 USC § 7308) to conduct, coordinate, promote and disseminate research on issues that affect the nearly five million Veterans who reside in rural communities. The mandate also requires ORH to develop, refine and promulgate policies, best practices, lessons learned, and innovative and successful programs.

ORH fulfills its mission by supporting targeted research, developing innovative programs and identifying new care models. Working through its five [Veterans Rural Health Resource Centers](#), as well as partners from academia, state and local governments, private industry and non-profit organizations, ORH strives to break down the barriers separating rural Veterans from quality care.

<https://www.ruralhealth.va.gov/>

Emotional numbing in PTSD is associated with lower reactivity to pain in the amygdala

A neuroimaging study on U.S. military veterans showed that the amygdala region of the brain of veterans with post-traumatic stress disorder (PTSD) showed lower reactivity to pain compared to the same region of the brain of veterans without PTSD.

Patterns were unique to this region of the brain and the researcher link this to emotional numbing, a restriction in the capacity of an individual to experience emotions. Other brain regions associated with processing pain were unaffected. The study was published in [Neuropsychopharmacology](#).

PTSD is a disorder that sometimes develops in people who have experienced a traumatic event or a series of traumatic events. While most people will experience substantial stress reactions to such events, these reactions will sometimes persist over time and lead to this disorder.

The most well-known symptoms of PTSD include intrusive memories of the traumatic event, the so-called flashbacks, bad dreams and frightening thoughts, but symptoms also include higher pain tolerance, emotional numbing and many others. **MORE:**

<https://tinyurl.com/mtjwhwc8>

Changes to TRICARE Expected in 2024

By TRICARE Communications

FALLS CHURCH, Va. – A new TRICARE contract that facilitates beneficiary health care in the civilian sector, known as T-5, is expected to start in 2024. The changes will improve the delivery, quality, and cost of health care services for service members, retirees, and their families.

There will continue to be two regional contractors. On December 22, 2022, the Defense Health Agency (DHA) announced that Humana Government Business and TriWest Healthcare Alliance Corporation will be the regional contractors, also known as managed care support contractors. If you live in the TRICARE East Region, Humana Government Business (Humana Military) will administer your health plan and provide TRICARE coverage. If you live in the TRICARE West Region, TriWest Healthcare Alliance Corporation will administer your health plan and provide TRICARE coverage.

“I am pleased that our new T-5 TRICARE contracts will continue to focus on enhancing the experience of care and great health care outcomes for our service members, retirees, and their families,” said Lt Gen Ronald Place, Director, Defense Health Agency.

Six states move to West Region **MORE:**

<https://newsroom.tricare.mil/Articles/Article/3254092/changes-to-tricare-expected-in-2024>

Traumatic Brain Injury May Contribute to Unexplained Rise in Military Suicides

Editor’s note: This article by Patricia Kime and Rebecca Kheel originally appeared on [Military.com](#), a leading source of news for the military and veteran community.

Warning: This story includes a discussion of suicidal ideation and suicides.

He had endured many tough days with a fog descending on his brain -- fumbling for words, forgetting the reason he left his house, hellish nightmares.

But this was different. **MORE:**

<https://www.moaa.org/content/publications-and-media/news-articles/2022-news-articles/they-said-the-rise-in-military-suicide-is-a-mystery.-traumatic-brain-injury-may-be-an-answer/>

GOVERNORS CHALLENGE



Governor's and Mayor's Challenges to Prevent Suicide Among Service Members, Veterans, and their Families

SAMHSA has partnered with the United States Department of Veterans Affairs (VA) to bring the Governor's and Mayor's Challenges to Prevent Suicide Among Service Members, Veterans, and their Families (SMVF) to states, territories, and communities across the Nation. For the Governor's Challenge, 52 states and territories are taking part in the challenge and are working to develop and implement state-wide suicide prevention best practices for SMVF, using a public health approach. For the Mayor's Challenge, 22 communities were originally engaged as part of the challenge. Currently, 19 of those teams are still actively participating, and sixteen of the communities are within participating Governor's Challenge states. SAMHSA's SMVF TA Center is providing technical assistance for these initiatives.

Our Mission

One of SAMHSA's core missions is to provide current behavioral health data, research, and evaluation information to:

Practitioners
Health promotion specialists
Policymakers
Consumers

To support this mission, CBHSQ conducts research, evaluation, and data collection activities and provides information on the following topics and more:

Alcohol and other drug use as well as mental health prevalence in the United States
Mental and substance use disorder treatment facilities
Behavioral health services, such as drug-related hospital emergency room visits

In addition, CBHSQ:

Recommends a core set of performance metrics to evaluate activities supported by the Administration
Coordinates with the Assistant Secretary for Mental Health and Substance Use, the Assistant Secretary for Planning and Evaluation, and the Substance Abuse and Mental Health Services Administration (SAMHSA) Chief Medical Officer, as appropriate, to improve the quality of services provided by contracted programs and the evaluation of activities carried out by the Administration
Works with the National Mental Health and Substance Use Policy Laboratory to collect information from program grantees to evaluate and disseminate information on evidence-based practices, including culturally and linguistically appropriate services, as appropriate, and service delivery models
Improves access to reliable and valid information on evidence-based programs and practices, including information on the strength of evidence associated with such programs and practices, related to mental and substance use disorders
Compiles, analyzes, and disseminates behavioral health information for statistical purposes

To learn more about CBHSQ activities, click here for CBHSQ's latest publications.

- <https://www.samhsa.gov/find-treatment>
- <https://www.samhsa.gov/practitioner-training>
- <https://www.samhsa.gov/public-messages>
- <https://www.samhsa.gov/grants>
- <https://www.samhsa.gov/data>
- <https://www.samhsa.gov/programs>
- <https://www.samhsa.gov/newsroom>
- <https://www.samhsa.gov/about-us>
- <https://store.samhsa.gov/>

Sign Up for SAMHSA Email Updates

<https://samhsa.us4.list-manage.com/subscribe?u=d0780dc94825e65acd61c17dc&id=ee1c4b138c>

To sign up for updates or to access your subscriber preferences, please enter your contact information.

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MISCELLANEOUS INFORMATION

Public Sector Veterans Preference

Nebraska Law requires that a preference shall be given to eligible veterans, service members, and eligible spouses seeking initial or return (unless terminated for disciplinary reasons) employment with the State of Nebraska or any state or local government.

Veterans with passing scores on all parts of an examination or numerical scoring shall have five percent added to their passing score if a claim for such preference is made on the application. An additional five percent shall be added to the passing score or numerical scoring of any disabled veteran. Such preference must also be given to the spouse of a service member during the time in which the service member serves on active duty and up to one hundred eighty days after the service member's discharge or separation from service.

All notices of positions of employment available for Veteran's Preference and all applications for such positions shall state that the position is subject to a Veteran's Preference. Veterans that applied and are not hired shall be notified by phone, mail or e-mail that they have not been hired and shall be advised of any administrative appeal available.

Private Sector Voluntary Veterans Preference

The Nebraska Legislature passed LB 272 in 2015, creating the Voluntary Veterans Preference Act. The Act provides private sector employers having a veteran's preference policy the opportunity to be listed on the Nebraska Dept. of Labor's Voluntary Veterans Preference Registry. Employers listed on the registry may implement veteran's preference policies without having to be concerned that hiring decisions may violate a state or local equal employment opportunity law.

Neb. Rev. Stat. §48-238 (5) states that "A voluntary veterans preference employment policy shall not be considered a violation of any state or local equal employment opportunity law including the Nebraska Fair Employment Practice Act."

Any private employer with a Voluntary Veterans Preference policy may register with the Nebraska Department of Labor by clicking on the link above. A registry of the employers and policies is available for review online.

MORE: <https://dol.nebraska.gov/LaborStandards/WorkerRights/Overview>

Nebraska Veteran's Benefits

Updated: December 23, 2022

Find Nebraska State and local veterans' benefits including education, employment, healthcare, tax breaks/exemptions, recreation, and much more below. The Cornhusker State is home to over 130,000 veterans, according to the VA.

<https://veteran.com/nebraska-veterans-benefits/>



WoVeN Weekly Update: WoVeN in a Winter Wonderland!

We know how busy your lives are, so when you take an hour out of your week to hang out with us, we feel incredibly honored. Last night's meeting was no exception.

From some great conversations regarding the future of WoVeN to a fun closer, we had such a good time! Not only did we get some great ideas from these stellar Peer Leaders, but we also got to learn about their favorite holiday songs and treats!

We actually went slightly over time listening to holiday music, singing, laughing, and not wanting the jazziness to end! Let us tell you, when Veterans don't want to log off the call, you know you had a great meeting!

To everyone that showed up for last night's call, we thank you for your time, energy, and contributions. You all are shining examples of what makes this organization truly <https://www.samhsa.gov/find-treatment> Thank you.

[WoVeN I Women Veterans Network I \(wovenwomenvets.org\)](https://www.wovenwomenvets.org/)
<https://www.wovenwomenvets.org/>

Use this form to sign-up for the WoVeN Newsletter and stay informed about upcoming events, member interviews, and more! <https://app.constantcontact.com/pages/campaigns/email#/edit/activity/740e5ca6-4fda-4822-ad05-dbee9974af04>



Service Women's Action Network Launches New App

SWAN's new For Service Women App is now available on IOS and Android

Washington D.C.: Service Women's Action Network (SWAN) launched its long awaited "For Service Women" app today. The For Service Women app gives military women who may be facing hardship access to support, self-care tools, and information to help manage the short- and long-term effects they may experience during and after their service. The new app offers servicewomen and women veterans resources, tips, and a safe environment to connect and build community.

The community chat rooms feature a powerful tool included in the application to encourage members to share their stories, advice, and journeys in a safe environment surrounded by support.

To download the For Service Women app, use the links for the [App Store](#) and [Google Play Store](#) and download today!

This month's FEATURED COUNTY VETERAN SERVICE OFFICER INFORMATION Extracted from

Nebraska Department of Veterans Affairs

<https://veterans.nebraska.gov/>

County Veterans Service Offices Directory 12/16/2022

<https://veterans.nebraska.gov/cvso>

CEDAR COUNTY

Service Officer Scott Stanton (402) 254-7473 scott.stanton@cedarcountyne.gov

Admin Assistant Marlene Wieseler Fax: (402) 254-7173 marlene.wieseler@cedarcountyne.gov

Location Courthouse, 103 S. Broadway

Mailing Address PO Box 246 Hartington, NE 68739

Hours Tuesday 8 am to 5 pm Wednesday 8 am to noon Thursday 8 am to 5 pm

Website http://www.co.cedar.ne.us/webpages/veterans_services/veterans_services.html

CHASE COUNTY

Service Officer Duane Todd (308) 882-5017 ccvso2@gpcom.net

Location 490 East 5th Fax: (308) 882-5017

Mailing Address PO Box 626 Imperial, NE 69033

Hours Monday – Friday 8 am to 3 pm Closed 12 pm to 1 pm

Website <http://www.co.chase.ne.us/veterans.html>

CHERRY COUNTY

Service Officer Shawn Hamling (402) 376-2680 ccvso@hotmail.com

Fax: (402) 376-5919

Location 365 N. Main St., Ste. 2

Mailing Address 365 N. Main St., Ste. 2 Valentine, NE 69201

Hours Mon – Thurs 8 am to 4:30 pm closed noon to 1 pm Friday 8 am to noon

Website http://www.co.cherry.ne.us/webpages/veterans_services/veterans_services.html



Veterans Peer Support Group

AT EASE!

Meetings will be held every Monday

6:00 pm – 7:00 pm

At Ease USA – Café
(enter through gym)

10605 Burt Circle
Omaha, NE 68114

For more information contact:
At Ease USA clinical manager,
Laura Fischer, at 531-247-4040 ext 2.

AtEaseUSA.org

The poster features a photograph of a group of people, including a man in a military uniform, embracing each other. The text is arranged in a vertical column on the left side of the poster, with the title at the top and the website at the bottom.



Heartland of America Chapter --

We Never Stop Serving -- -- We Are One Powerful Voice -- for Every Officer at Every Stage of Life and Career

Open the link below and see the Newsletter

The Bulletin Board is the Newsletter of the Heartland of America Chapter of the Military Officers Association of America. Content is from members, MOAA's Take Action, Legislative Action Center, and other military-oriented sources. The material used is public domain or attributed as to source and copyright. Our editorial policy is the same non-partisan policy as MOAA

(Open link for MORE <http://www.heartlandmoaa.us/>)

MOAA - MOAA Home Page

moaa homepage - Search (bing.com)

New MOAA Member Benefit: Save on Everplans

MOAA's Transition Guide 2023: Tools You Can Use

Promises Fulfilled: Outgoing MOAA President Leaves a Lasting Legacy

Upcoming Events

NEWS AND INFO

ADVOCACY

MEMBER BENEFITS

RESOURCES

ABOUT MOAA

<https://www.facebook.com/moaa>

Intro

Army special operations rethinking force structure, tech

The next year could prove pivotal for the Army's most elite forces, as ongoing experiments with force structure and how to best integrate technical expertise at the tactical level could reshape the way the service's special operations look and fight.

Army Times obtained an exclusive interview with the commanding general of Army Special Operations Command at the Association of the U.S. Army conference in October, highlighting the pilot programs for the publication's November cover story.

<https://www.armytimes.com/news/your-army/2022/12/28/army-special-operations-rethinking-force-structure-tech/>

Nebraska Veterans Council (NVC)

The NVC is made up of members from The American Legion, Veterans of Foreign Wars, Disabled American Veterans, American Veterans, Vietnam Veterans of

America, Paralyzed Veterans of America, Military Order of the Purple Heart, Nebraska Association of Professional Veteran Advocates, and the Marine Corps League. The general purpose of this Council shall be charitable, benevolent, educational, civic, and patriotic in character, and its objectives to be:

To coordinate a statewide intelligent, aggressive, and serviceable organization for the purpose of all veterans, their dependents, and /or survivors of the State of Nebraska.

To provide a practical means by which veterans organizations throughout the state may effectively contribute to the betterment of all veterans and their dependents and survivors as follows:

a. State legislation affecting veterans and dependents and/or survivors.

b. Concern for the general programs for veterans and all veteran organizations represented,

including medical care, employment, and social activities.

c. To establish a system of public relations to inform the public on behalf of all veterans and veterans organizations. ting phrases like "for a limited time only" or "only 7 remaining"!

B-21 Raider makes public debut; will become backbone of Air Force's bomber fleet

<https://www.af.mil/News/Article-Display/Article/3235250/b-21-raider-makes-public-debut-will-become-backbone-of-air-forces-bomber-fleet/>

- Published Dec. 2, 2022
- Secretary of the Air Force Public Affairs

PALMDALE, Calif. (AFNS) --

In a tangible display of the nation's resolve in meeting security threats, the U.S. Air Force, on Dec. 2, publicly unveiled the **B-21 Raider**, the first new, long-range strike bomber in a generation and an aircraft specifically designed to be the multifunctional backbone of the modernized bomber fleet.

While the B-21 isn't expected to be operational and introduced into service for several more years, the formal unveiling ceremony hosted by Northrop Grumman Corporation at its production facilities in California is a significant milestone in the Air Force's effort to modernize combat capabilities. The B-21 is designed to be a more capable and adaptable, state-of-the-art aircraft that will gradually replace aging **B-1 Lancer** and **B-2 Spirit** bombers now in service.

According to design requirements, the B-21 is a long-range, highly survivable stealth bomber capable of delivering a mix of conventional and nuclear munitions. The aircraft will play a major role in supporting national security objectives and assuring U.S. allies and partners across the globe. MORE:

<https://www.va.gov/womenvet/>

Welcome, all women Veterans, family members, caregivers, and advocates! The Center for Women Veterans' (CWV) mission is to monitor and coordinate VA's administration of health care, benefits, services, and programs for women Veterans. We serve as an advocate for cultural transformation and to raise awareness of the responsibility to treat women Veterans with dignity and respect to #BringWomenVeteransHome2VA.

Today's VA is focused on the needs of women Veterans and cultural transformation. We aim to provide an environment free from harassment. VA has introduced White Ribbon, a national call to action to eliminate sexual harassment, sexual assault, and domestic violence. VA Secretary McDonough is making accountability of those who commit harassment or sexual assault an important part of creating a culture that is free from harassment and sexual assault, without fear of retaliation.

We are women Veterans proud to serve our sister Veterans and those who serve them. Stay in touch, sign up for email, and follow us on Facebook and Twitter @VAWomenVets. We share information on benefits

<https://www.va.gov/womenvet/>

Women Veterans Outreach

<https://www.va.gov/womenvet/outreach/index.asp>

U.S. Department of Veterans Affairs CWV - News Update

We want to hear from women who have served in the military

In Case You Missed It: The Center for Women Veterans is sharing recent news stories that may interest women Veterans, military women, and their supporters every week. Share your thoughts about them on social media @VAWomenVets.

Women Veterans NOT using your earned VA Benefits & Services, we would love to hear from you. Please take our survey; it takes 5 minutes and is anonymous. <https://survey.voice.va.gov/?cwv-women-veterans>

U.S. Department of Veterans Affairs sent this bulletin at

Defense Advisory Committee on Women in the Services 12/06/2022 09:00 AM EST <https://tinyurl.com/2z9q5the>
Live Whole Health #148: Investing in gratitude 12/05/2022 04:00 PM EST <https://tinyurl.com/2gsview8l>
Holiday survival guide for women Veterans 12/04/2022 04:00 PM EST <https://tinyurl.com/2fge6jkc>
CWV Book Corner, December: Dr. Antoinette Allen 12/03/2022 09:01 AM EST <https://tinyurl.com/2eme6snb>
VeteranOfTheDay Air Force Veteran Lori J. Robinson 12/02/2022 11:30 AM EST <https://tinyurl.com/2mum3bak>

Center for Women Veterans (CWV) Research for Women Veterans

<https://www.va.gov/womenvet/research/index.asp>

On this page:

[Participate in VA Research](#) | [VA Reports and Research](#) | [Special Volumes](#) | [PubMed.gov Resources](#)

VA does not endorse and is not responsible for the content of any external website links. These sites are provided for informational purposes only.

NEBRASKA STATE GOVERNMENT
invites applications for the position of:

Charitable Gaming Inspector

SALARY: \$17.39 Hourly

OPENING DATE: 12/09/22 **CLOSING DATE:** 01/04/23 11:59 PM **JOB TYPE:** PERM FULL-TIME

LOCATION: See job description **DEPARTMENT:** Revenue Department **DESCRIPTION:**

The State of Nebraska provides a comprehensive and highly competitive benefits package. We provide a \$20,000 term life insurance policy at no cost to you. We cover 79% of medical insurance premiums. We also offer a 156% matching contribution to your retirement fund. You'll have 12 vacation days per year and 12 sick days per year, both of which increase with tenure. You will also enjoy 13 paid holidays each year. The state will offer you access to a wealth of online and in-person professional development courses, including over 16,000 on-demand training courses.

Based in Southeastern Nebraska this teammate will be responsible for maintaining the integrity of Nebraska Charitable Gaming Regulations in the following counties: Lancaster, Clay, Fillmore, Saline, Nuckolls, Thayer, Jefferson, Gage, Cass, Otoe, Johnson, Nemaha, Pawnee, Richardson.

<https://agency.governmentjobs.com/nebraska/default.cfm?action=jobbulletin&JobID=3831952>

Events

Outreach and events

VA proudly works alongside others to connect Veterans to the benefits they've earned. Explore resources for our outreach partners such as Veteran Service Organizations (VSOs), and sign up for events.

VA benefits can help Veterans and their families buy homes, earn degrees, start careers, stay healthy, and more. Join an event for conversation and information.

Displaying 1through–10 of 74 results for All [gOutreach & Events](#) | [Outreach Events](#) | [Veterans Affairs \(va.gov\)](#)

USEFUL LINKS

AMVETS

Blue Valley Community Action, Inc.

Central Nebraska Community Action Partnership

DANTES Military Family Resources <https://www.dantes.doded.mil/FinancialAid/MilitaryFamilyResources.html>

DANTES provides no-cost education and career-planning programs <https://www.dantes.doded.mil/>

Disabled American Veterans <https://www.dav.org/>

Family Assistance Center <https://ne.ng.mil/FPO/Pages/FAC.aspx>

GI Bill Assistance <https://benefits.va.gov/gibill/>

Homeless Program <https://www.va.gov/homeless/>

<https://www.va.gov/nebraska-western-iowa-health-care/>

Launch a New Cybersecurity Career <https://www.fedshirevets.gov/>

Marines helping Marines <http://marineshelpingmarines.org/>

Military Order of the Purple Heart <https://www.purpleheart.org/>

Military.com Veteran Jobs <https://www.military.com/veteran-jobs>

My Health Vet <https://www.myhealth.va.gov/mhv-portal-web/home>

My VA facility and status updates <https://www.va.gov/>

Northeast Nebraska Community Action <https://nencap.org/>

One net online <https://www.onetonline.org/>

Paralyzed Veterans of America <https://pva.org/>

Parenting and Professionalism Parenting and Professionalism: The Myth of Having It All - ZERO TO THREE

Parents as Teachers, <https://parentsasteachers.org/>

Sesame street for military families <https://sesamestreetformilitaryfamilies.org/>

The American Legion <https://www.legion.org/>

Today's military life magazine <https://www.todaysmilitary.com/military-life/futures-magazine>

Tricare <https://www.tricare.mil/>

US Small Business Administration homepage <https://www.sba.gov/>

VA benefits homepage <https://www.ebenefits.va.gov/ebenefits/homepage>

VA Contact Center <https://www.va.gov/contact-us/>

VBA eBenefits <https://www.ebenefits.va.gov/ebenefits/homepage>

Vet Center <https://www.vetcenter.va.gov/>

Veterans Affairs Health Administration (VHA) <https://www.nebraska.va.gov>

Veterans Affairs Health Administration (VHA) <https://www.nebraska.va.gov>

Veterans of Foreign Wars (VFW) <https://www.vfw.org/Assistance>

Wounded Warrior Project <https://www.woundedwarriorproject.org/>

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